

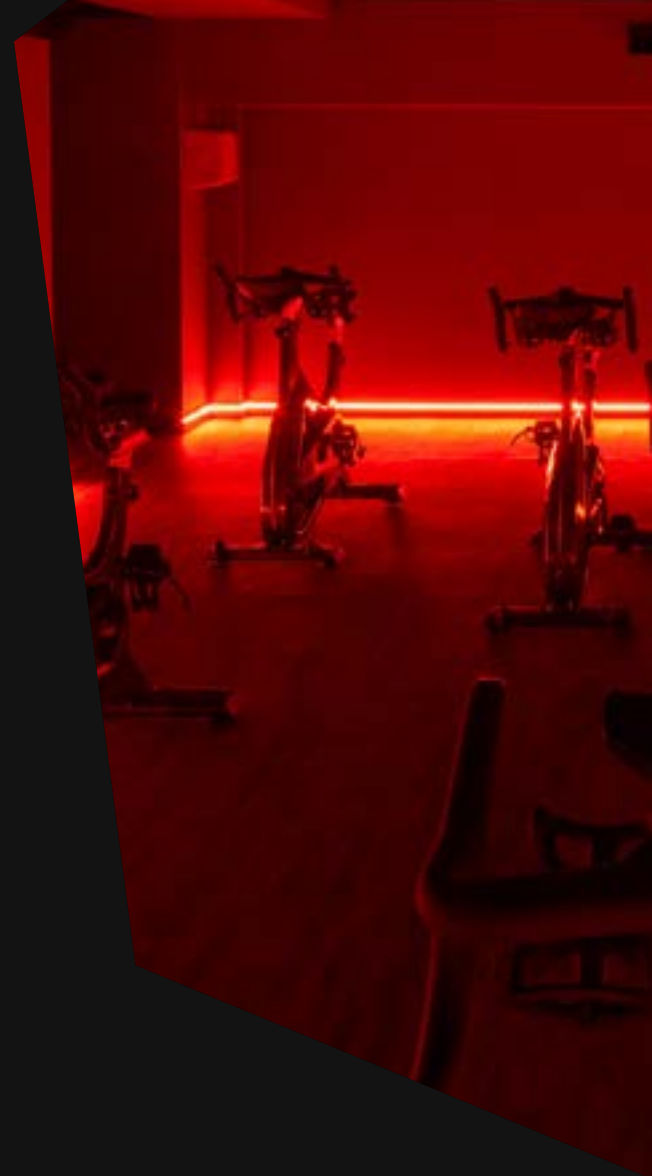


P R O D U C T C A T A L O G U E

dyaco



MAKING YOUR GYM. YOURS.





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INTRODUCTION

The Dyaco product mix is constantly evolving and being refined, with our in-house group manufacturing capability, we are able to provide a widely diverse and customisable kit offering.

We'll identify the right equipment to sculpt your perfect gym space. Boasting four cutting-edge manufacturing facilities and a formidable global team of a thousand experts, we guarantee that your space will be kitted out with nothing but the most robust products. It's what sets us apart! We can control lead times and manufacturing specifications because we are the architects behind the products. We'll ensure a seamless blend of quality and craftsmanship.

Our portfolio includes a full suite of traditional cardio, functional cardio, selectorized strength, plate-loaded strength, multi-station, free weights & accessories, rigs & racks, flooring and more.





C A R D I O

Elevate your heart rate and your fitness goals with our state-of-the-art Cardio machines. From treadmills and ellipticals to ski-ergs and rowers, each piece is engineered for performance, comfort, and durability. Designed to accommodate all fitness levels, our cardio equipment features the latest technology to track progress, enhance workouts, and keep users motivated.

TREADMILLS

Enjoy a high-performance run or walk with our selection of treadmills. Featuring advanced technology and ergonomic design, our treadmills cater to users of all fitness levels.



SPIRIT

CT1000 ENT

Blending robust commercial construction with an intuitive user interface, the 1000 series Treadmill represents the pinnacle of form and function. This premium treadmill features an ultra-wide 21.5" TFT touchscreen with crystal clear visibility that immerses users in their workout experience. The elegant display boasts an interface thoughtfully designed for simplicity and ease of use. Access a suite of integrated apps, mirror cast from your devices, or wired mirror via HDMI.

Under the hood, Spirit's precision engineering provides unmatched reliability to withstand high-traffic use. The 1000 series's premium build delivers the smooth, consistent performance that discerning facilities require while users enjoy comfort and stability.

Key Features

- Large 21.5" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Powerful and durable 5.0HP AC driver system with up to 24 kph speed
- Oversize pulleys and 12 groove poly-v belt with tensioning idler reduce system stress for added reliability
- Spacious 560 x 1575mm running surface provides confidence and security





SPIRIT

CT980 LED

Coming Q3 2025

The CT980 Treadmill is built for strength, reliability, and effortless operation in any fitness environment. Its rugged construction stands up to the demands of high-traffic facilities, while its straightforward design makes it easy for users to get started and stay motivated.

Engineered for consistent performance, the treadmill offers a smooth and stable running platform, ensuring comfort with every stride. Ideal for gyms and fitness spaces focused on practicality, it's the dependable choice for delivering results day after day.

Whether for a quick jog or an intense run, the CT980 Treadmill is crafted to support every step of the journey with unmatched durability and simplicity.

Key Features

- Powerful 5.0HP AC motor ensures consistent and reliable performance
- Tested up to 10,000 hours, its sturdy design is built to withstand heavy use in high-traffic fitness spaces
- Spacious 560 x 1575mm running surface for enhanced comfort and stability
- Sleek, minimalistic next-gen LED console design ensures an intuitive and user-friendly experience
- Wireless connectivity supports Spirit and 3rd party applications

SPIRIT

CT900 LED

Robust construction and commercial-grade components make the CT900 the gold standard for treadmills. Specifications for the shocks, rollers, belt and deck were meticulously chosen to give users a smooth workout experience. Powder-coated steel and powerful motors allow owners to rest assured they have products that will stand the test of time.

Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry's "Ultra-Bright" blue LED display with backlighting elements make the console easy to read. The program keys along with numeric keypad make entering data easy, so your clients can quickly start their workout routine.

Key Features

- Industrial, 5.0 horsepower AC drive system provides power and longevity
- Roomy 560 x 1575mm workout surface maximises movement in its footprint
- Double-sided phenolic deck, 75mm / 3.0" rollers and multi-ply Habasit[®] belt provide smooth motion
- Polyurethane shock absorbers ensure just the right amount of cushioning





SPIRIT

CT800 ENT+

The CT800 ENT+ treadmill includes an impressive combination of functional and technological advancements in a budget friendly treadmill. The oversized 15.6" touchscreen entertainment display allows users to screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content.

And if that isn't enough, operators can enable the ability to watch cable TV through an HDMI and cable box connection.

Key Features

- Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/ social media apps
- 3 different workout display modes give users a variety of workout feedback
- Spacious 560 x 1525mm workout area to accommodate tall individuals
- This unit comes equipped with a 3.0HP AC Drive with grade H insulation

SPIRIT

CT800+ LED

The CT800+ commercial treadmill has a reputation for reliability and value that meets your space and budget needs. Weighing in at 173kg, this machine is truly heavy-duty and packs a load of premium features that keep clients happy.

The top control panel boasts a simple and intuitive design with direct speed and incline buttons, multiple storage options for water bottles, phones, and other accessories, as well as a built-in fan that helps keep users cool. The ergonomically positioned hand pulse sensors let users easily monitor vital stats, while a variety of built-in programs allow nearly endless workout customization to suit a wide range of fitness levels.

Key Features

- Bright white multi-window LED console is easy to read and simple to use
- Direct speed and incline buttons make workouts more efficient
- Spacious 560 x 1525mm workout area to accommodate tall individuals
- This unit comes equipped with a 3.0HP AC Drive with grade H insulation

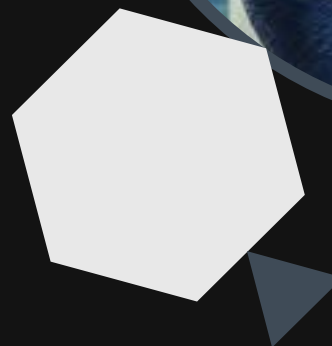


	CT800+	CT800ENT+	CT900	CT980	CT1000
CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)	Premium, ultra-bright blue LED display	Large multi LED windows	21.5" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat burn, Cardio, Interval, 2 Heart Rate, Custom, HIIT, 5K, 10K, 6 military readiness tests (Army, Navy, Air Force, Marines, PEB, Coast Guard)	Manual, Hill, Fat burn, Cardio, Interval, 2 Heart Rate, Custom, HIIT, 5K, 10K, 6 military readiness tests (Army, Navy, Air Force, Marines, PEB, Coast Guard)	Manual, Hill, 5K run, Heart Rate, HIIT, Fat Burn, Cardio, Fitness tests	Manual, Hill, Fat burn, Cardio, Strength, 1*HR, 5K, 10K, HIIT, Interval, Custom, Fitness Test (Air Force, Army, Coast Guard, Marines, Navy, PEB, Gerkin, WFI)	Manual, Hill, Fat burn, Cardio, Strength, 2*HR, 5K, 10K, HIIT, Interval, Custom, Fitness Test (Air Force, Army, Coast Guard, Marines, Navy, PEB, Gerkin, WFI)
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible
SPEED	0.8-20 Kph (0.5-12 Mph), 0.1 Increments	0.8-20 Kph (0.5-12 Mph), 0.1 Increments	0.8-20~24 Kph (0.5-12~14 Mph), 0.1 Increments	0.8-20~24 Kph (0.5-12~14 Mph), 0.1 Increments	0.8-20~24 Kph (0.5-12~14 Mph), 0.1 Increments
INCLINE	0 to 15 level, 0.5 increments	0 to 15 level, 0.5 increments	0 to 15 level, 0.5 increments	0 to 15 level, 0.5 increments	0 to 15 level, 0.5 increments
POWER	AC 120V / 20A, AC 230V / 15A	AC 120V / 20A, AC 230V / 15A	230v (NEMA 5-20P electrical cord); 10A circuit recommended	AC 230V / 15A	AC 230V / 15A
DRIVE MOTOR	3.0 HP AC Drive with grade H insulation	3.0 HP AC Drive with grade H insulation	5.0 HP AC Drive with grade H insulation	5.0 HP AC Drive with grade H insulation	5.0 HP AC Drive with grade H insulation
DECK	Maintenance-free, 25mm / 1" thick, double-sided Belt	Maintenance-free, 25mm / 1" thick, double-sided Belt	25mm / 1" phenolic, double-sided, wax-coated	25mm / 1" phenolic, double-sided, wax-coated	25mm / 1" phenolic, double-sided, wax-coated
BELT	560 x 1525mm / 22" x 60"	560 x 1525mm / 22" x 60"	560 x 1575mm / 22" x 62", Habasit® commercial, multi-ply	560 x 1575mm / 22" x 62", Habasit® commercial, multi-ply	560 x 1575mm / 22" x 62", Habasit® commercial, multi-ply
ROLLERS	75mm / 3"	75mm / 3"	75mm / 3"	75mm / 3"	75mm / 3"
FRAME	Commercial-grade structural steel with durable powder coat paint, aluminium console masts	Commercial-grade structural steel with durable powder coat paint, aluminium console masts	Commercial-grade structural steel with durable powder coat paint, aluminium console masts	Commercial-grade structural steel with durable powder coat paint, aluminium console masts	Commercial-grade structural steel with durable powder coat paint, aluminium console masts
DIMENSIONS	2159 x 909 x 1539mm / 85" x 35" x 60"	2159 x 909 x 1539mm / 85" x 35" x 60"	2140 x 903 x 1530mm / 84" x 35" x 60"	2135 x 901 x 1570mm / 84" x 35" x 62"	2135 x 901 x 1570mm / 84" x 35" x 62"
PRODUCT WEIGHT	173kg / 383lb	173kg / 383lb	227kg / 500lb	227kg / 500lb	239.5kg / 528lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb



ELLIPTICALS

Low-impact yet highly effective, ellipticals provide a smooth, full-body workout. Designed for comfort and efficiency, they help improve cardiovascular fitness while reducing strain on joints.



SPIRIT

CE1000 ENT

1000 series elliptical features a smooth pedal motion with a 2-degree inversion of the pedals for an ergonomic foot path to minimize joint stress. Combine this with a NEW modern and engaging console interface. Impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI.

Effective and entertaining, this elliptical is designed to stand the test of time by being robust and having a durable drive train system.

Key Features

- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Extra wide, 10 groove poly-v belt with roller bearing tensioner system to provide smooth feel and long product life
- 30 lb flywheel with a 12:1 pedal to flywheel ratio creates the perfect balance for smooth stride motion at any speed/resistance level
- 21" stride length with exclusive 2-degree pedal inversion to assure a comfortable motion





SPIRIT

CE980 LED

Coming Q3 2025

The CE980 Elliptical delivers a smooth, natural pedal motion designed to reduce joint stress and enhance comfort during workouts. Its ergonomically optimized foot path ensures a low-impact experience, making it suitable for users of all fitness levels.

Built for durability, the elliptical features a robust frame and a reliable drive train system, ensuring it withstands the demands of high-use fitness environments. The clean and intuitive console layout simplifies navigation, helping users stay focused on their goals.

Designed with practicality and performance in mind, the CE980 Elliptical is a dependable choice for any fitness space, combining efficiency and comfort to support every stride.

Key Features

- Smooth and natural 21" stride length with a 2-degree pedal inversion for ergonomic comfort and reduced joint stress
- Durable drive system with a 30 lb. flywheel and 12:1 pedal-to-flywheel ratio for a balanced, consistent motion
- Robust poly-v belt with roller bearing tensioner ensures a smooth operation and extended product lifespan
- Sleek console design with a user-friendly interface for simple navigation and enhanced workout focus
- With 10000 hours of testing, it is built to endure heavy use in fitness facilities with a focus on reliability and long-term performance
- Wireless connectivity supports Spirit and 3rd party applications

SPIRIT

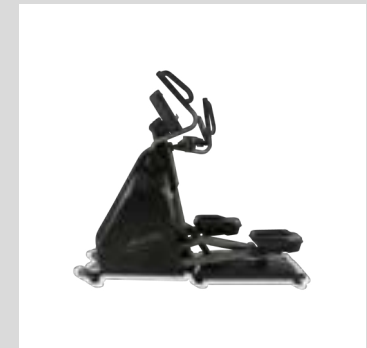
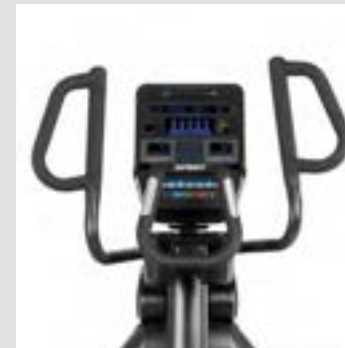
CE900 LED

Workout comfort and performance were first in mind when the CE900 Elliptical was developed. From stride length and hand grips to pedal placement and flywheel inertia, this elliptical combines fit and function in one robust machine. Owners will feel secure that they've made a solid investment for their users' experience and their bottom line.

Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry's "Ultra-Bright" blue LED display with backlighting elements make the console easy to read. The program keys along with numeric keypad make entering data easy, so your clients can quickly start their workout routine.

Key Features

- Long-lasting design with heavy gauge tubular steel and large polyurethane wheels
- 533mm / 21" stride length simulates the natural pedal movement with 2-degree pedal inversion
- Electromagnetic resistance system provides 40 levels of increasing intensity
- Industrial-grade, 72mm roller bearings for fluid movement





SPIRIT

CE800 ENT+

The CE800 ENT+ elliptical trainer incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content. Connects to third party apps via Bluetooth FTMS.

And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection.

Key Features

- Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/ social media apps
- 3 different workout display modes give users a variety of workout feedback
- Connects to third party apps via Bluetooth FTMS
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers

SPIRIT

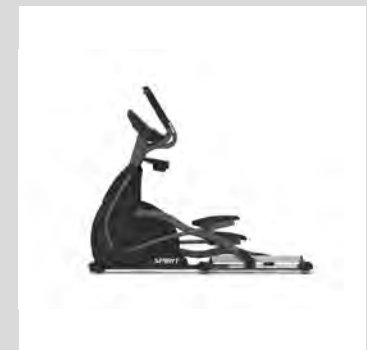
CE800+ LED

The CE800+ was specifically engineered for the commercial environment, from its heavy-duty steel frame to its premium console features. Its design focuses on convenience, comfort, reliability, and aesthetic appeal. Facility owners will have the peace-of-mind knowing they have a dependable machine while users experience a fluid total-body workout.

This unit uses a generator to power the console. Therefore, there is no need for an electrical hookup. Dual track with shielded concave roller wheel system for superior stability and durability.

Key Features

- Smooth, quiet 508mm stride, which is the optimal distance for the average user
- Generator powered console means there is no need for electricity
- Dual rollers on each pedal arm for a sturdier base
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers



	CE800+	CE800ENT+	CE900	CE980	CE1000
CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)	Premium, ultra-bright blue LED display	Large multi LED windows	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, 5 Preset, Custom, Fitness Test, Heart Rate Control, Constant Power, METs Readout	Manual, 5 Preset, Custom, Fitness Test, Heart Rate Control, Constant Power, METs Readout	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts and Strength	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 1 Heart Rate, Watts, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 2 Heart Rate, Watts, Fitness Test
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels	40 levels	40 levels	40 levels
POWER	Self-Generating	AC 100~240V / 50~60Hz	Self-Generating	Self-Generating	"Adapter: INPUT 100-240V~50-60Hz 2A Model power: 24V 4.17A"
FOOT PEDALS	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion	Oversized with 2-Degree Inversion
STRIDE	508mm / 20"	508mm / 20"	533mm / 21"	533mm / 21"	533mm / 21"
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb
TRACK SYSTEM	Dual	Dual	Dual	Dual	Dual
DRIVE TRAIN	Front Drive	Front Drive	Extra wide 12 groove poly-v belt with roller bearing and pulley tensioner	Extra wide 10 groove poly-v belt with roller bearing and pulley tensioner	Extra wide 10 groove poly-v belt with roller bearing and pulley tensioner
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint
DIMENSIONS	1981 x 635 x 1778mm / 78" x 25" x 70"	1981 x 635 x 1778mm / 78" x 25" x 70"	1956 x 813 x 1702 mm / 77" x 32" x 66"	1953 x 1685 x 820mm / 77" x 66" x 32"	1953 x 1685 x 820mm / 77" x 66" x 32"
PRODUCT WEIGHT	110kg / 244lb	110kg / 244lb	180kg / 396lb	175.5kg / 387lb	175.5kg / 387lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb



U P R I G H T B I K E S

Compact and efficient, upright bikes offer a classic cycling experience with adjustable resistance levels to suit all fitness levels. Perfect for cardio training and endurance building.



SPIRIT

CU1000 ENT

1000 series Upright Bike presents three workout display modes for rider engagement, and oversized 1" crank axle and heavy-duty roller bearings for a smooth ride and reliable longevity. NEW, an impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive.

Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI. Engaging and entertaining, this upright bike also features commercial-grade pedals, cranks and bearings provide outstanding function and durability.

Key Features

- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Extra wide, 10 groove poly-v belt, spring loaded idler for reduced belt tension for longer belt and bearing life
- Quick adjust seat easily slides to accommodate users of various heights
- Easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout





SPIRIT

CU980 LED

Coming Q3 2025

The CU980 Upright Bike offers a smooth and consistent cycling experience, designed for performance and built to last. Featuring an oversized 1" crank axle and heavy-duty roller bearings, this bike delivers reliable operation in high-traffic fitness environments.

Engineered for comfort and functionality, the bike includes commercial-grade pedals and cranks to ensure stability and long-term durability. Its intuitive console layout keeps riders focused and engaged, making it an excellent choice for fitness spaces that prioritize simplicity and dependability.

Built to meet the demands of any workout, the CU980 Upright Bike is the perfect combination of practicality and performance.

Key Features

- Engineered for durability with over 10,000 hours of rigorous testing
- Wireless connectivity supports Spirit and 3rd party fitness applications
- Quick-adjust seat and ergonomic pedals with 2-degree inversion ensure user comfort
- Extra-wide poly-v belt with a spring-loaded idler minimizes wear for long-lasting performance
- Intuitive console layout simplifies navigation for a seamless workout experience

SPIRIT

CU900 LED

The CU900 Upright Bike boasts features that provide users with precise fit and function and a beautiful console to track performance. The seat height securely locks and adjusts to suit the user while the moulded handlebars provide ultimate comfort.

Pedal motion is smooth and consistent with industrial roller bearings and 25mm / 1" crank axle that can power through any climb.

Key Features

- Oversized 25mm / 1" crank axle along with heavy duty roller bearings provide long life and reliability
- Extra wide, 8 groove poly-v belt, spring loaded idler for reduced belt tension ensuring longer belt and bearing life
- Quick adjust seat easily slides to accommodate users of various heights
- Generator system allows the unit to be placed in any location





SPIRIT

CU800 ENT+

The CU800 ENT+ incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Connects to third party apps via Bluetooth FTMS. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content.

And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection. The USB charging port, cooling fan, and user-intuitive design appeal to a wide range of users.

Key Features

- Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/ social media apps
- Oversized foot pedals with fast-latching system
- 3 different workout display modes give users a variety of workout feedback
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers

SPIRIT

CU800+ LED

The CU800+ Upright Bike was specifically engineered for the commercial environment, from its heavy-duty steel frame to its durable powder coat paint finish.

Features like built-in hand pulse sensors on the multi-position handlebars, as well as the easy-to-read console with a variety built-in programs, satisfy casual and committed users alike.

The extra-smooth ride comes from the perfected gearing and the integrated generator/flywheel system.

Key Features

- Built-in contact and telemetric heart rate capabilities for a more effective workout
- Generator powered console means there is no need for electricity
- Oversized foot pedals with fast-latching system
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers



	CU800+	CU800ENT+	CU900	CU980	CU1000
CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)	Premium, ultra-bright blue LED display	Large multi LED windows	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts and Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 1 Heart Rate, Watts, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 2 Heart Rate, Watts, Fitness Test
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels	40 levels	40 levels	40 levels
POWER	Self-Generating	AC 100~240V / 50~60Hz	Self-Generating	Self-Generating	"Adapter: INPUT 100-240V~50-60Hz 2A Model power: 24V 4.17A"
FOOT PEDALS	Oversized with fast-latching system	Oversized with fast-latching system	Oversized with fast-latching system	Oversized with fast-latching system	Oversized with fast-latching system
BLUETOOTH	YES	YES	YES	YES	YES
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb
SEAT	Dual-Spring Cushioned	Dual-Spring Cushioned	High Density Foam Seat	High Density Foam Seat	High Density Foam Seat
DRIVE TRAIN	Poly-V Belt with Self-Tensioner	Poly-V Belt with Self-Tensioner	Extra wide, 8 groove poly-v belt with spring loaded idler	Extra wide, 10 groove poly-v belt with spring loaded idler	Extra wide, 10 groove poly-v belt with spring loaded idler
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	1230 x 650 x 1465mm / 49" x 26" x 58"	1230 x 650 x 1465mm / 49" x 26" x 58"	1219 x 635 x 1397 mm / 48" x 25" x 55"	1212 x 636 x 1394mm / 48" x 25" x 55"	1212 x 636 x 1394mm / 48" x 25" x 55"
PRODUCT WEIGHT	57kg / 127lb	57kg / 127lb	65kg / 142lb	63.3kg / 140lb	63.3kg / 140lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb



RECUMBENT BIKES

Experience a comfortable and supportive ride with our recumbent bikes. Designed for optimal back support, they provide an effective cardio workout with reduced joint stress.



SPIRIT

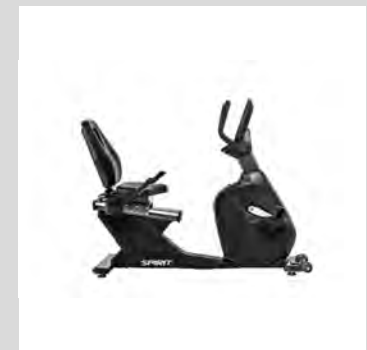
CR1000 ENT

1000 series Recumbent Bike is built to perform and entertain. A NEW, an impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI.

The bike's durability comes from a commercial crank assembly and extra-large roller bearings providing a smooth pedal motion that can handle even the most rigorous workout.

Key Features

- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Extra wide, 10 groove poly-v belt, spring loaded idler for reduced belt tension for longer belt and bearing life
- Oversized 1" crank axle along with heavy duty roller bearings for reliable longevity
- Easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout





SPIRIT

CR980 LED

Coming Q3 2025

The CR980 Recumbent Bike is built to provide a smooth and reliable cycling experience, ensuring consistent performance even during the most demanding workouts. Its durable construction, including oversized roller bearings, ensures long-lasting functionality and fluid pedal motion.

Designed for user comfort, the bike features an ergonomic seat and an intuitive console layout that keeps workouts simple and engaging. With a focus on practicality and performance, the CR980 Recumbent Bike is an excellent choice for any fitness environment.

Key Features

- Tested for over 10,000 hours to ensure exceptional durability and reliability
- Wireless connectivity supports Spirit and 3rd party fitness applications for seamless integration
- Extra-wide poly-v belt with a spring-loaded idler reduces wear, extending belt and bearing life
- Oversized crank axle and heavy-duty roller bearings provide smooth, consistent pedal motion
- Ergonomic pedals with a 2-degree inversion ensure user comfort and joint support

SPIRIT

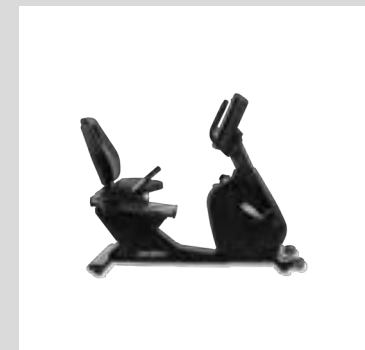
CR900 LED

Built to last, the CR900 Recumbent Bike takes workout ease and comfort to a new level. Step-through design makes it easy for all users to enter and exit the bike.

Moulded foam seat that adjusts along the seat rail and quick ratcheting pedals make it easy to get on and go. Commercial crank assembly and extra-large roller bearings provide fluid pedal motion.

Key Features

- Step-through design allows users to easily enter the moulded foam seat
- Seat adjusts to accommodate users of varying heights
- Electromagnetic resistance system provides power and 40 levels of increasing intensity
- Ratcheting pedals feature 2-degree inversion for comfortable foot placement





SPIRIT

CR800 ENT+

The CR800 ENT+ incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content.

Connects to third party apps via Bluetooth FTMS. And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection. The USB charging port, cooling fan, and user-intuitive design appeal to a wide range of users.

Key Features

- Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/ social media
- Oversized foot pedals with fast-latching system
- 3 different workout display modes give users a variety of workout feedback
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers

SPIRIT

CR800+ LED

The CR800+ Semi-Recumbent Bike is the perfect bike for the commercial environment. The step-through design and easy-adjust seat makes it easy for your clients to get on the bike and quickly find the most comfortable seat position.

The intuitive console offers multiple program options and up to 40 levels of resistance to keep your clients interested and motivated. The extra smooth ride comes from the perfected gearing and the integrated generator/flywheel system.

Key Features

- Built-in contact and telemetric heart rate capabilities for a more effective workout
- Generator powered console means there is no need for electricity
- Oversized foot pedals with fast-latching system
- 40 levels of resistance to satisfy the needs of beginners or advanced exercisers

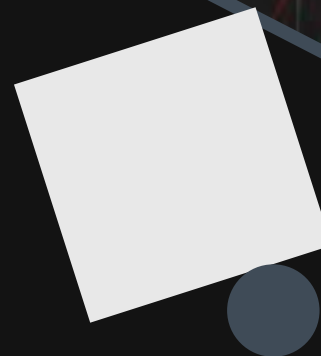


	CR800+	CR800ENT+	CR900	CR980	CR1000
CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)	Premium, ultra-bright blue LED display	Large multi LED windows	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts and Fitness test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 1 Heart Rate, Watts, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, Custom, 2 Heart Rate, Watts, Fitness Test
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels	40 levels	40 levels	40 levels
POWER	Self-Generating	"Adapter: INPUT 100-240V~50-60Hz 2A Model power: 24V 4.17A"	Self-Generating	Self-Generating	"Adapter: INPUT 100-240V~50-60Hz 2A Model power: 24V 4.17A"
FOOT PEDALS	Oversized with fast-latching system	Oversized with fast-latching system	Ratcheting pedals with 2-degree inversion	Ratcheting pedals with 2-degree inversion	Ratcheting pedals with 2-degree inversion
BLUETOOTH	YES	YES	YES	YES	YES
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb
SEAT	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back
DRIVE TRAIN	Poly-V Belt with Self-Tensioner	Poly-V Belt with Self-Tensioner	Extra wide, 8 groove poly-v belt with spring loaded idler	Extra wide, 10 groove poly-v belt with spring loaded idler	Extra wide, 10 groove poly-v belt with spring loaded idler
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	1510 x 740 x 1290mm / 60" x 29" x 51"	1510 x 740 x 1290mm / 60" x 29" x 51"	1701 x 737 x 1220 mm / 66" x 29" x 49"	1730 x 744 x 1195mm / 68" x 29" x 47"	1730 x 744 x 1195mm / 68" x 29" x 47"
PRODUCT WEIGHT	74kg / 164lb	74kg / 164lb	88kg / 194lb	89kg / 196lb	89kg / 196lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb



AIR BIKE

Power through high-intensity workouts with air resistance technology. The harder you push, the greater the challenge, making air bikes ideal for interval training and endurance building.



SPIRIT

AB900+

The AB900+ is a classic design of a classic modality. With its air-driven, isokinetic resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training.

Resistance matches the user's effort and accommodates upper-body only and total body exercise. Connects to third party apps via Bluetooth FTMS. The compact design and eco-friendly rider-powered console allows the AB900+ to be placed anywhere in a facility for easy programming integration.

Key Features

- Rider-powered, Wireless connectivity -enabled console with program quick keys and full display
- Isokinetic resistance delivers simultaneous upper and lower-body resistance allowing the user to emphasize pushing and pulling or experience a total-body workout
- Highly durable to accommodate even the most challenging high intensity interval workouts



STUDIO BIKES

Designed for immersive cycling workouts, studio bikes offer adjustable settings and precision control. Perfect for spin classes or solo training sessions.



SPIRIT

JB950 Johnny G

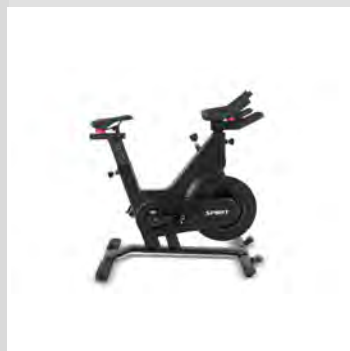
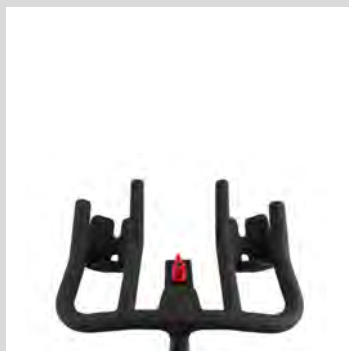
Over the last 25 years, Johnny G has been engineering the next evolution of indoor bikes. His newest creation is a beautiful, SLEEK machine of uncompromising design. Johnny has taken the guess work out of working out with his push button magnetic resistance.

It allows the user to replicate their last ride for a consistent and rewarding workout every time creating a PERSONAL experience for every ride and rider. Gone are the days of patchwork welded tubes; Johnny's newest creation uses a monocoque steel frame and heavy base. This perfect marriage of vision and practicality allows the back of the frame to flex like the chain-stays on an outdoor bike, creating a response which makes the bike feel ALIVE. Don't settle for the old standard of indoor bikes, your clients deserve to ride the best bike ever built: The Johnny G Spirit Bike.

Key Features

- Electronically controlled magnetic resistance system with multiple adjustment touch points
- Solid steel construction and triple powder coated for durability
- Belt drive system provides the feel of a road bike
- Proprietary handlebar design for comfort and resistance buttons at your fingertips regardless of ride position





SPIRIT

SBC800

The SBC800 takes indoor cycling to new heights of performance. With its meticulously engineered drive system, each stroke is met with a powerful yet silky-smooth pull. Courtesy of the optimized Q factor and gear ratios, the ride is as fluid as an outdoor road bike.

Precisely crafted with a one-piece steel, the SBC800's rock-solid frame eliminates wobbles and maximizes rigidity. With Spirit SBC800, ride miles after endless miles.

Key Features

- Maximized rigidity, extended pulling-force, slip-resistant and flex elimination, it just keeps getting better.
- Ergonomically designed stretcher with two angles to help riders release their muscle and joint tension.
- With three ergonomically designed handlebars, seamlessly transition hand positions just like outdoor biking. Precisely adjusted angles.

SPIRIT

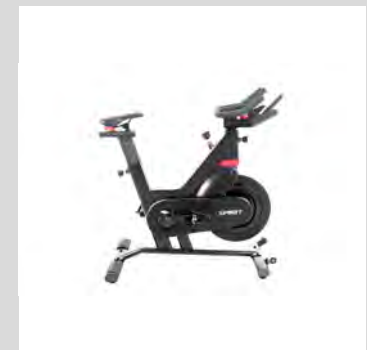
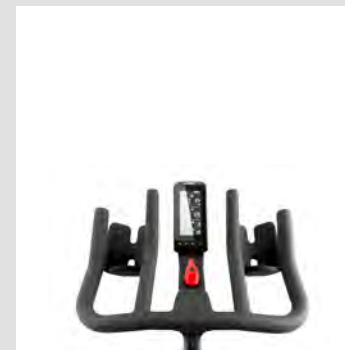
SBC900

Stand out with the Spirit Bike. With its low-profile aesthetic, Spirit SBC900 seamlessly fits any studio. But once activated, there's no hiding the motivation that lies within. Our LED beacon, Spirit Intensity, is designed to motivate and empower riders. Strategically positioned LEDs activate in real-time, responding to each rider's performance metrics.

With the vivid LED console and Spirit Connect app, light up the session with sparks and competitions. This is where innovative technology and uncompromising quality meet, with the Rider's Spirit.

Key Features

- Meet Spirit Intensity, the LED lighting we created to highlight performance and giving coach easy observation of rider's condition.
- The power is now yours to provide. When the pedalling starts, the power starts generating. Your bike requires no cables and batteries, with SBC900, not a single watt is wasted.
- Vivid 5.5" LED console paired with Spirit apps



R O W E R

Rowing machines provide a full-body workout that strengthens muscles and boosts cardiovascular endurance. Experience smooth, fluid motion for a challenging yet low-impact workout.



SPIRIT

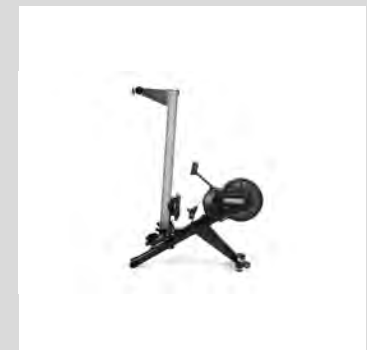
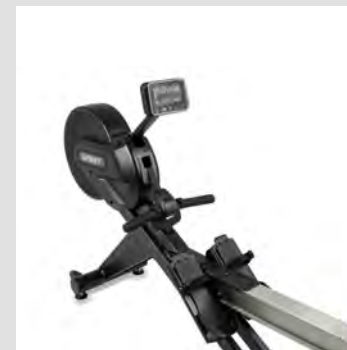
CRW800+

The CRW800+ Rower combines a long list of high-performance features with a reliable design. From the convenience of the 508mm / 20" frame height and folding storage design to the combined air/magnetic resistance and remote handle controls, the CRW800+ is sure to impress.

It is the perfect addition to a corporate fitness/recreation centre, school or hotel because the ease of use and resulting unparalleled full-body workout are second to none.

Key Features

- Air and magnetic resistance (16 levels) for smooth and consistent operation
- Wireless remote handle controls allow quick changes to resistance
- Commercial grade handle strap is both smooth and reliable
- Fold-up frame design for easy storage



STAIRCLIMBER AND STEPPER

Simulate the action of climbing stairs for an intense lower-body and cardio workout. Stairclimbers help build endurance, strength, and stamina in a joint-friendly way.



SPIRIT

CSC980

Coming Q3 2025

Experience a stair climber built for performance, durability, and safety. Designed to mimic the natural feel of stair climbing, this machine combines ergonomic side rails and handlebar design with reinforced step rods and bearings for enhanced longevity and smooth operation.

With best-in-class 28cm deep x 47cm width steps, this stair climber accommodates all foot sizes comfortably, providing a secure platform for every user. The robust EMS drive system and commercial-grade chain ensure a wobble-free and fluid climbing experience, even under intense use.

Key Features

- Best-in-class 28cm deep x 47cm width steps accommodate all foot sizes, providing comfort and stability.
- Reinforced step rods and bearings, along with ergonomic design, ensure long-lasting durability while mimicking the natural feel of stair climbing.
- EMS drive system with a commercial-grade chain ensures smooth, wobble-free operation
- 21cm side step adds extra safety for secure boarding and dismounting.
- Integrated safety sensor triggers a mechanical brake for safe stops in case of a fall.
- Max load capacity of 180kg, 20% higher than competitors, to handle intense use





SPIRIT

CSC900

One of the original HIIT workouts, a rotating-stair climber has been one of the toughest machines in the gym for more than 35 years. The Spirit StairClimber features a super sleek design, locking stairs for safety and the largest surface area on the market for multiple foot position training options.

Added depth to the stairs keep toes from being pinched while feeling like a natural step motion.

Key Features

- Automatic stair locking when machine is not in use for entering or exiting the machine
- Colour indication lights around the contact heart rate grips visually display when the machine is in use or standby mode
- Easy access maintenance panels on either side
- Extra step-depth keeps shoes from being pinched

SPIRIT

CS800+ LED

The CS800+ Stepper combines the familiar dependent stepping action with an arched step-rail design and impressive 410mm / 16" maximum step height for an effective lower body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and solid handrail design combine to give you an incredibly comfortable and space-efficient cardio unit. The electronics in the CS800+ are designed to provide intuitive operation.

The console features a large easy-to-read display with a variety of program options for users of all fitness levels, an integrated fan to keep clients cool, and a USB charging port for keeping their device charged. The conveniently located hand pulse grip sensors provide heart rate monitoring on demand.

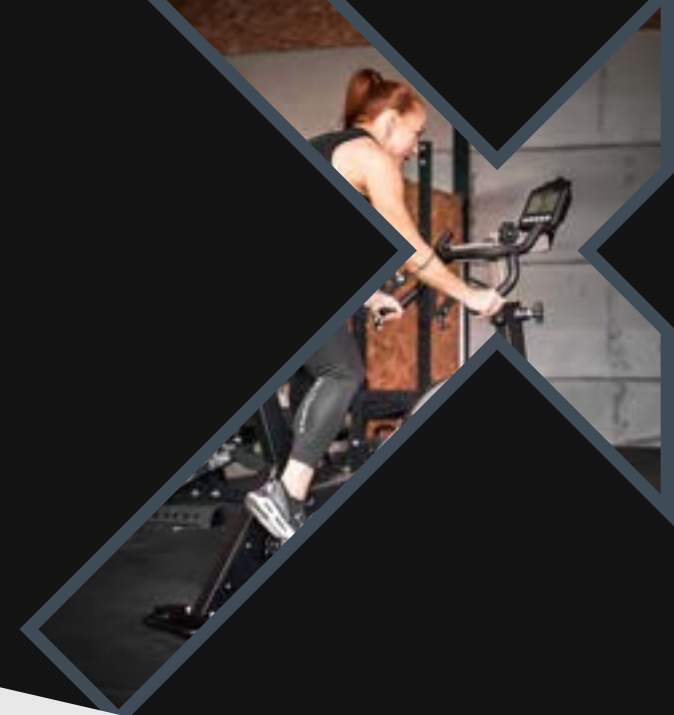
Key Features

- 410mm maximum step height with 20 levels of resistance satisfy the needs of beginners or advanced exercisers
- 2-degrees of inversion at each foot pedal places the user in an anatomically correct position
- Oversized foot pedals with fast-latching system
- Shielded concave roller wheel system for superior stability and durability



FUNCTIONAL CARDIO

Maximise endurance and agility with functional cardio equipment designed to mimic real-life movements. Perfect for HIIT, circuit training, and sports conditioning, this category helps you build stamina while improving overall athletic performance.



H A L F | H U M A N

Curved Treadmill

Offering complete workout control for maximum results, the Half Human curved non-motorised treadmill is powered by you and your energy. With no motor or speed limits, it lets you train at your own pace and run as fast as you want to. The curved shape of the deck enables you to experience a more natural run and work out in an ergonomic style for better, faster results.

To analyse performance and monitor your progress, there is a clear, user-friendly LCD screen providing live feedback on crucial workout data, whilst 4 levels of resistance enable you to transition from running to sled push. This commercial-grade, athlete-powered piece of equipment has a sturdy, reliable frame, and a multi-grip handlebar for greater versatility. It features a selection of 7 challenging programmes and lets you keep entertainment at your fingertips thanks to an integrated smart device holder.

Key Features

- Experience a more natural run through the curved shape of the deck
- Track performance with the user-friendly LCD screen
- 4 levels of resistance, transition from running to sled push
- 7 pre-set programmes
- Max user weight: 150kg
- Dimensions: 1850mm (L), 810mm (W), 1650mm (H)
- Weight: 135kg





H A L F | H U M A N

Air Bike

Featuring a robust, dual-action design for effective upper and lower body workouts, the Half Human air bike is an ultimate workout partner and a powerful, calorie-burning training tool. For a natural feel and a smooth pedalling motion, the bike has a fan resistance system delivering infinite resistance levels. With Bluetooth connectivity and an integrated tablet holder, the air bike lets you train with the compatible Zwift and Kinomap apps.

Explore real outdoor routes, structured workouts with coaching and interval training, challenge your friends in a multiplayer mode or immerse yourself in exciting video-game style training. Keep track of your progress on a user-friendly 5" LCD display and choose from 8 programmes to challenge your stamina and strength.

Key Features

- Fan resistance system delivering infinite resistance levels
- 8 programmes to challenge your stamina and strength
- User-friendly 5" LCD Display
- Connectivity: Bluetooth / Apps: D-Fit, Kinomap
- Max user weight: 150kg
- Dimensions: 1450mm (L), 610mm (W), 1480mm (H)
- Weight: 82kg

H A L F | H U M A N

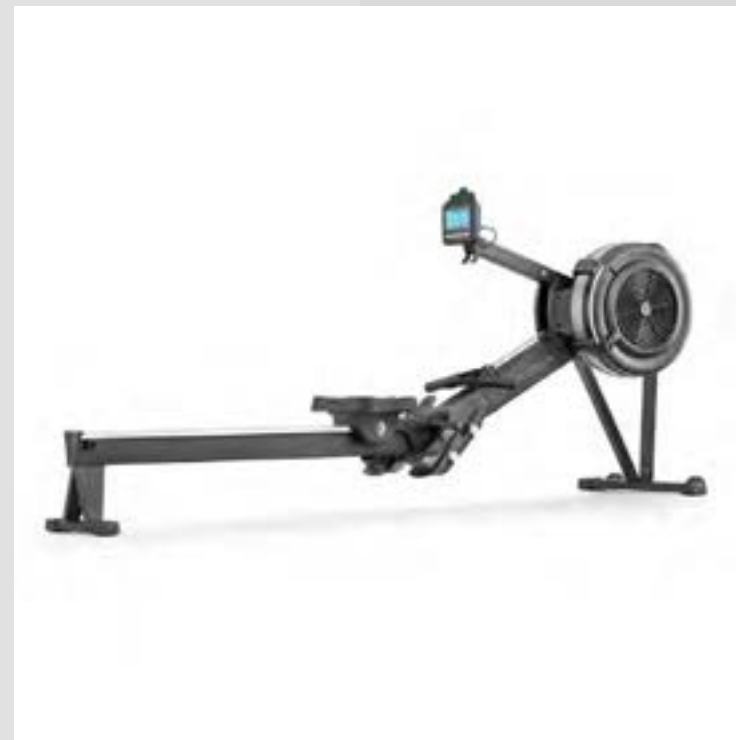
Air Rower

Improve your cardio, strength, and endurance with the Half Human air rowing machine. This sturdy, commercial-grade rower features 10 levels of air resistance to let you adjust intensity of each workout and deliver smooth rowing experience and a natural feel. Featuring a smart device holder and Bluetooth connectivity, the rower allows for maximising results while training with D-fit and Kinomap apps.

Enjoy structured workouts with coaching and interval training, row all over the world, join multiplayer sessions to compete with friends and get accurate motion recording and exercise analysis. Check your progress on an easy-to-read 5" LCD display and choose from 8 inherent workouts designed to help you hit the target faster. Train in comfort with a large, padded seat and adjustable footrests.

Key Features

- 10 levels of air resistance
- Inherent workouts designed to help you hit the target faster
- Easy-to-read 5" LCD Display
- Maximise results while training with D-fit and Kinomap apps
- Max user weight: 150kg
- Dimensions: 2400mm (L), 640mm (W), 1200mm (H)
- Weight: 40kg





HALF | HUMAN

HIIT Bike

Featuring a robust steel frame, the HIIT Bike ensures stability and durability, making it suitable for intense workouts. The adjustable resistance levels allow you to customize your workout intensity, whether you're a beginner or a seasoned athlete. The ergonomic seat and handlebars are fully adjustable, providing maximum comfort and support during your ride. Stay motivated and track your progress with the advanced LCD monitor that displays your speed, distance, time, and calories burned.

The built-in heart rate sensors help you stay within your target heart rate zone, optimizing your workout efficiency. With its compact design and transport wheels, the Ultimate Fitness Exercise Bike is easy to move and store, making it ideal for any home gym setup.

Key Features

- Resistance: 10 level of air resistance
- Console: 5" backlit LCD Display
- Compatible Apps: Zwift, Kinomap
- Heart Rate Measurement: Bluetooth Smart (chest strap not included)
- Max user weight: 150kg
- Dimensions: 1365mm (L), 240mm (W), 1240mm (H)
- Weight: 51kg

H A L F | H U M A N

Air Ski with Stand

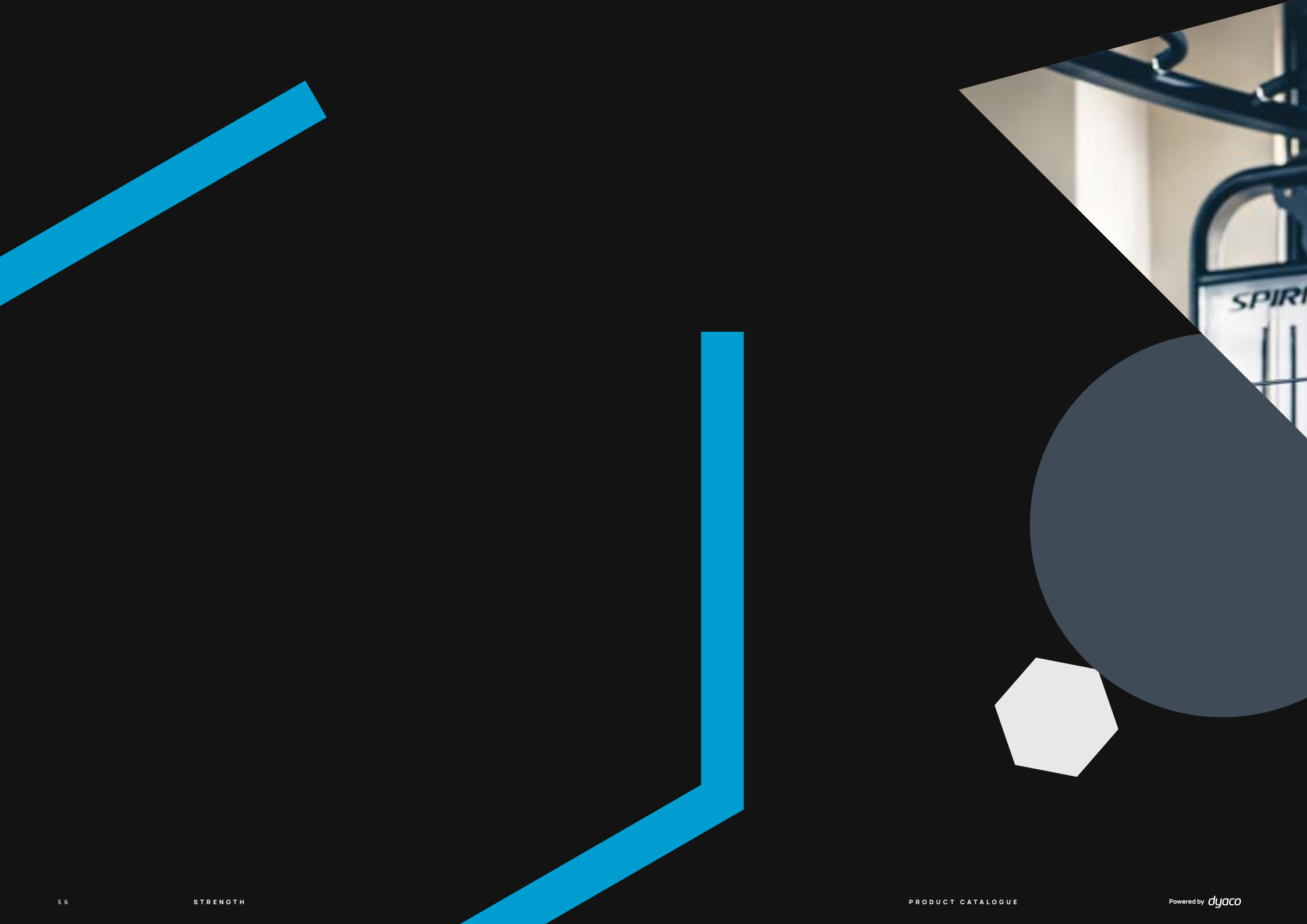
Target muscles in your core, arms and legs simultaneously and get a full body cardio workout with the Half Human air ski machine. For smooth, fluid motion and a natural feel, this versatile indoor skiing machine offers 10 levels of air resistance providing challenge and variety. Perfect for double pulls and a traditional alternating arm technique, the ski machine is suitable for HIIT workouts and sprint-based training.

Featuring Bluetooth connectivity and a built-in smart device holder, it lets you get accurate motion recording, analyse performance, and explore the world with the compatible D-fit and Kinomap apps. It boasts an intuitive 5" LCD display to keep track of your progress and has a selection of 8 motivating inherent workouts enabling you to build endurance and tone the entire body.

Key Features

- Air resistance ski machine with floor stand included
- Resistance: 10 level of air resistance
- Console: 5" backlit LCD Display
- Connectivity: Bluetooth/Apps: D-fit, Kinomap
- Max user weight: 150kg
- Dimensions: 1200mm (L), 590mm (W), 2100mm (H)
- Weight: 40kg







S T R E N G T H

Build muscle, increase bone density, and enhance overall strength with our wide range of strength-training equipment. From machines to free weights, we have everything you need to take your workouts to the next level.

P I N - L O A D E D R A N G E

Achieve controlled and targeted muscle development with pin-loaded machines. Ideal for all fitness levels, they provide guided movements for safe and effective strength training.





RANGE DIFFERENCES

There are two pin-loaded ranges in the Spirit portfolio, the SP-35 range, and the SP-43, there are multiple differences between the two ranges:

SP-35

Gas-assisted hydraulic Seats
Inbuilt mobile and bottle storage
Upgraded upholstery

SP-43

Ratchet Seats
Inbuilt mobile and bottle storage
Upgraded upholstery
More weight increments
Integrated rep counter and timer

SPIRIT SP-3501

Fixed Lat Pulldown



Unilateral and bilateral motions for correcting muscle imbalances, Horizontal grips with natural diverging path of motion.

Seat is angled forward slightly to encourage proper user positioning. Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1522 x 1430 x 1852mm / 60" x 56" x 73"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 282kg / 623lb

SPIRIT SP-3502

Shoulder Press



Horizontal and parallel grip options for users with shoulder limitations, Unilateral and bilateral converging path of motion.

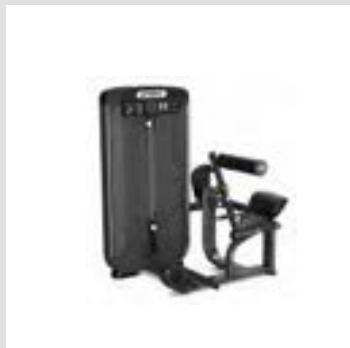
Seat provides range of motion adjustment. Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1530 x 1540 x 1592mm / 60" x 61" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 274kg / 605lb

SPIRIT SP-3503

Back Extension



Roller pad self-adjusts for ideal positioning across upper back, Adjustable range of motion to fit users' capabilities and preferences.

Foot bar allows for lower body stabilization during exercise, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1057 x 1298 x 1592mm / 42" x 51" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 251kg / 554lb

SPIRIT SP-3504

Seated Chest Press



Unilateral and bilateral motions for correcting muscle imbalances, Horizontal grips with natural converging path of motion.

Back pad adjusts for proper range of motion, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1107 x 1405 x 1592mm / 44" x 55" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 265kg / 585lb

SPIRIT SP-3505

Seated Leg Curl



Adjustable roller and back pads provide proper positioning with the machine's axis of rotation, Angled user positioning helps with stabilization during exercise.

Seat pad is sized to allow full hamstrings muscle contraction, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1156 x 1407 x 1592mm / 46" x 55" x 63"
- Weight Stack: 110kg / 240lbs (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 277kg / 612lb

SPIRIT SP-3506

Seated Bicep Curl



Angled arm pad helps to reduce shoulder involvement and maintain focus on Biceps, Pivoting grip bar adjusts for varying forearm lengths and maintains alignment with axis of rotation.

Seat adjustment is used to align elbows with machines axis of rotation, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1379 x 894 x 1592mm / 54" x 35" x 63"
- Weight Stack: 90kg / 195lb (15lb x 13 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 209kg / 458lb

SPIRIT SP-3507

Seated Row



Grips pivot and rotate to self-adjust and help maintain focus on back muscles, Adjustable seat and chest pad provide ideal positioning and proper pulling technique.

Unilateral and bilateral motions for correcting muscle imbalances, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1534 x 1064 x 1592mm / 60" x 42" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 265kg / 585lb

SPIRIT SP-3508

Seated Tricep Press



Slight forward positioning allows for greater range of motion in shoulders, Grips rotate in or out to allow for varying user shoulder widths.

Four bar linkage keeps grips level and wrist positioning neutral. Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1227 x 1067 x 1592mm / 48" x 42" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 256kg / 565lb

SPIRIT SP-3510

Leg Extension



Back pad adjustments for proper alignment with machines axis of rotation, Lower Tibia pad self-adjusts limiting the number of necessary adjustments.

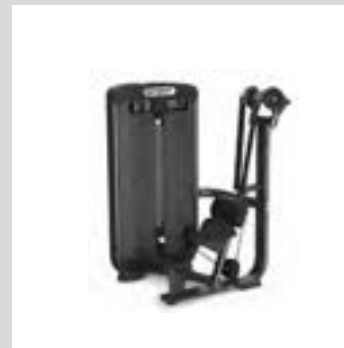
Range of motion is adjustable for users with limited knee flexion, Built-in storage at top of tower for phone and water

Technical Specs

- Product Dimension: 1156 x 1407 x 1592mm / 46" x 55" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 264kg / 583lb

SPIRIT SP-3511

Abdominal



Independently moving straps allow for oblique motions, Multiple hand grip positions for adjustable range-of-motion.

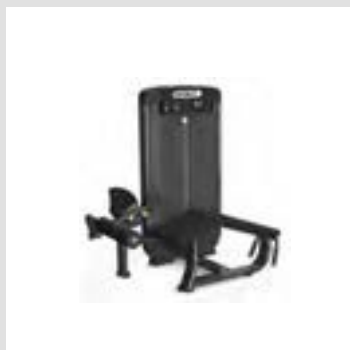
Rounded back pad allows for some spinal extension during crunches, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1069 x 1143 x 1572mm / 42" x 45" x 62"
- Weight Stack: 90kg / 195lb (15lb x 13 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 221kg / 484lb

SPIRIT SP-3514

Prone Leg Curl



Prone positioning allows for training hamstrings across both hip and knee joints, Pad angles stabilize hips to prevent them from rising during exercise.

Adjustable range of motion to accommodate goals or knee limitations, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1561 x 1121 x 1592mm / 61" x 44" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 248kg / 548lb

SPIRIT SP-3515

Standing Calf



Upright positioning allows for training calf muscles across both knee and ankle joints, Shoulder pads are adjustable to accommodate users of varying heights.

Non-slip foot plate provides stability and full range of motion in ankle joint, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1863 x 776 x 1622mm / 73" x 31" x 64"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 237kg / 523lb

SPIRIT SP-3517

Assist Chin / Dip



Machine uses a weight stack to offset the users own body weight for pull up and dip exercises, Multiple steps for safe entry and exit and dip handles rotate to accommodate shoulder widths.

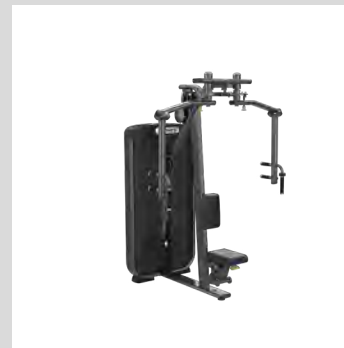
Foot bar can be adjusted out of the way to perform full body weight exercises, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1948 x 990 x 2491mm / 77" x 39" x 98"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 293kg / 647lb

SPIRIT SP-3519

Pec Fly / Rear Delt



Dual exercise machine saves floor space, Multiple hand grips and range of motion adjustment for lots of exercise variety.

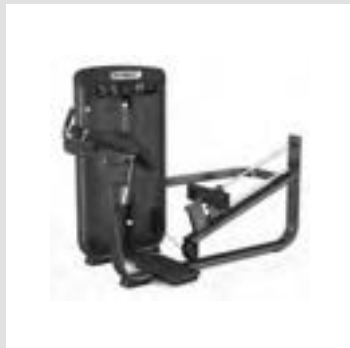
Seat adjustment and two sets of rear, Deltoid handles accommodate users of all sizes, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1229 x 830 x 2069mm / 48" x 33" x 81"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 276kg / 609lb

SPIRIT SP-3520

Glute



Standing during Glute training is ideal compared to kneeling on floor, Angled motion places emphasis on Glutes and Hamstrings.

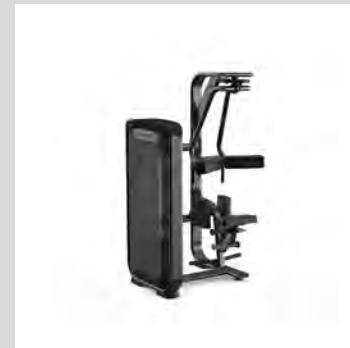
Chest pad is adjustable for user to decide what position is best for support, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 2230 x 1025 x 1524mm / 88" x 40" x 60"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 292kg / 645lb

SPIRIT SP-3521

Rotary Torso



Adjustable range of motion and chest pads for security of upper body while rotating, Large thigh pads and foot supports provide stability of lower body.

Seat adjustment aligns user upper chest with machines chest pad, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1384 x 996 x 2010mm / 54" x 39" x 79"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 281kg / 620lb

SPIRIT SP-3522

Traditional Lat Pulldown



Traditional Lat Pulldown with adjustable chain-links for positioning of bar height, Storage hooks for bar when not in use.

Angled thigh pads make it easy to grip bar while standing then sit and secure thighs, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1200 x 1410 x 2070mm / 47" x 56" x 81"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 277kg / 611lb

SPIRIT SP-3523

Low Row



Traditional row exercise challenging stabilization ability and all muscles of the back, Declined angle of pad helps with stabilization during heavy lifts.

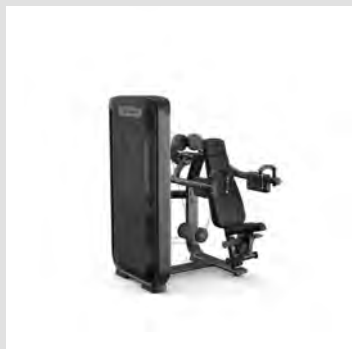
Low position of pulling handle helps keep elbows down, along sides of body, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1810 x 1150 x 1592mm / 71" x 45" x 63"
- Weight Stack: 110kg / 240lb (15lb x 16 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 282kg / 622lb

SPIRIT SP-3525

Lateral Raise



Swivelling handles and counterbalanced arms to assist users of all levels, Unilateral and bilateral motions for correcting muscle imbalances.

Full back pad provides support and comfort, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1172 x 1289 x 1518mm / 46" x 51" x 60"
- Weight Stack: 90kg / 195lb (15lb x 13 pcs)
- The Incremental Weight : 7.5lb (3.175kg)
- Product Weight: 271kg / 595lb



SPIRIT SP-4301

Seated Chest Press



Overhead pivot follows body's natural movement for pressing motion, Unilateral and bilateral motions for correcting muscle imbalances, Vertical grips aid users with limited shoulder flexibility.

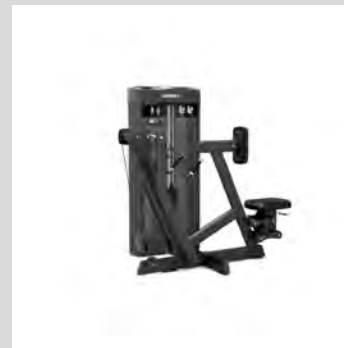
Back pad adjusts for proper range of motion, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1555 x 985 x 1815mm / 61" x 39" x 71"
- Weight Stack: 109kg / 240lb (20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 217kg / 478lb

SPIRIT SP-4302

Seated Row



Grip's pivot and rotate to self-adjust and help maintain focus on back muscles, Adjustable seat and chest pad provide proper positioning during the exercise.

Unilateral and bilateral motions for correcting muscle imbalances, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1590 x 1115 x 1500mm / 63" x 44" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 233kg / 514lb

SPIRIT SP-4303

Shoulder Press



Horizontal and parallel grip options for users with shoulder limitations, Unilateral and bilateral path of motion.

Seat provides range of motion adjustment, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1707 x 1459 x 1500mm / 67" x 57" x 59"
- Weight Stack: 109kg / 240lb (20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 228kg / 503lb

SPIRIT SP-4304

Torso Rotation



Traditional row exercise challenging stabilization ability and all muscles of the back, Declined angle of pad helps with stabilization during heavy lifts.

Low position of pulling handle helps keep elbows down, along sides of body, Built-in storage at top of tower for phone and water.

Technical Specs

- Product Dimension: 1314 x 930 x 1500mm / 52" x 37" x 59"
- Weight Stack: 110kg / 240lb (20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 226kg / 498lb

SPIRIT SP-4305

Leg Extension



Back pad adjustments for proper alignment with machines axis of rotation, Lower Tibia pad self-adjusts limiting the number of necessary adjustments.

Range of motion is adjustable for users with limited knee flexion, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1475 x 1260 x 1500mm / 58" x 50" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 241kg / 531lb

SPIRIT SP-4306

Seated Leg Curl



Thigh pad adjusts to front of knees, keeping user in alignment with axis of rotation, Lower Tibia pad self-adjusts limiting the number of necessary adjustments.

Range of motion is adjustable for users with limited Hamstring's flexibility, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1455 x 1265 x 1500mm / 57" x 50" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 240kg / 530lb

SPIRIT SP-4307

Biceps Curl



Angled arm pad helps to limit shoulder movement for focus on Biceps, Curling bar pivots to adjust for varying forearm lengths and axis of rotation alignment.

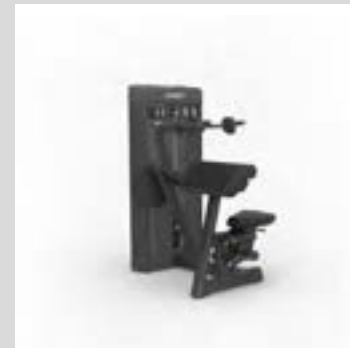
Seat adjustment is used to align elbows with machines axis of rotation, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1255 x 1085 x 1500mm / 49" x 43" x 59"
- Weight Stack: 86kg / 190lb (10lb x 5pcs + 20lb x 7pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 197kg / 434lb

SPIRIT SP-4308

Triceps Extension



Angled arm pad helps to limit shoulder movement for focus on Triceps, Extension bar pivots to adjust for varying forearm lengths and axis of rotation alignment.

Seat adjustment is used to align elbows with machines axis of rotation, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1245 x 1020 x 1500mm / 49" x 40" x 59"
- Weight Stack: 86kg / 190lb (10lb x 5pcs + 20lb x 7pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 203kg / 448lb

SPIRIT SP-4309

Abdominal



Adjustable roller pad for ideal positioning across upper chest.
Adjustable range of motion to fit all sizes of users.

Lower back pad provides stability and allows for a full range of motion.
Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 900 x 1210 x 1500mm / 35" x 48" x 59"
- Weight Stack: 123kg / 270lb (10lb x 3pcs + 20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 237kg / 531lb

SPIRIT SP-4310

Back Extension



Adjustable roller pad for ideal positioning across upper back.
Dual foot bars for lower body stabilization during exercise.

Lower back pad provides stability and allows for a full range of motion.
Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1223 x 1219 x 1500mm / 48" x 48" x 59"
- Weight Stack: 128kg / 280lb (10lb x 2pcs + 20lb x 13pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 248kg / 530lb

SPIRIT SP-4311

Leg Press



Large foot platform for foot placement variety and angled lower edge for calf exercises, Angled sled provides support and simulates a squatting movement.

Linear bearings are durable and provide for a smooth pressing motion, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1864 x 1184 x 1500mm / 73" x 47" x 59"
- Weight Stack: 150kg / 330lb (10lb x 1pc + 20lb x 16pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 330kg / 727lb

SPIRIT SP-4312

Deltoid Trainer



Independent arms with multiple adjustments in a wide arc for Deltoid raise and fly's, Chest pad is angle for a proper forward body positioning and stability.

Seat adjusts to align shoulders with chest pad and machines axis of rotation, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1530 x 710 x 1567mm / 60" x 28" x 62"
- Weight Stack: 109kg / 240lb (20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 211kg / 465lb

SPIRIT SP-4313

Lat Pulldown



Traditional Lat Pulldown with adjustable chain-links for positioning of bar height, Storage hooks for bar when not in use.

Adjustable thigh pads secure lower body for heavy weight pulls, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1475 x 1213 x 2303mm / 58" x 48" x 91"
- Weight Stack: 115kg / 250lb (10lb x 9pcs + 20lb x 8pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 230kg / 507lb

SPIRIT SP-4314

Dip / Chin Assist



Machine uses a weight stack to reduce the user's own body weight for pull up and dip exercises, User platform positions user in kneeling position for greater sense of security.

Dip handles rotate to fit different shoulder widths, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1238 x 1187 x 2236mm / 49" x 47" x 88"
- Weight Stack: 115kg / 250lb (10lb x 9pcs + 20lb x 8pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 263kg / 580lb

SPIRIT SP-4316

Hip Abduction / Adduction



Dual exercise hip machine saves floor space, Large thigh pads and foot supports provide comfort and stability.

Bar across front of weight tower assists in entry and exit of machine, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1617 x 677 x 1500mm / 64" x 27" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 235kg / 518lb

SPIRIT SP-4317

Calf Extension



Upright positioning allows for training calf muscles across both knee and ankle joints, Shoulder pads are adjustable to accommodate users of varying heights.

Non-slip foot plate provides stability and full range of motion in ankle joint, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1054 x 955 x 1656mm / 41" x 38" x 65"
- Weight Stack: 115kg / 250lb (10lb x 9pcs + 20lb x 8pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 242kg / 533lb

SPIRIT SP-4318

Prone Leg Curl



Prone positioning allows full range of motion training of hamstrings across both hip and knee joints, Pad angles stabilize hips to prevent them from rising during exercise.

Adjustable lower leg pad and range of motion to accommodate users of all sizes, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1725 x 1278 x 1500mm / 68" x 50" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 239kg / 527lb

SPIRIT SP-4319

Low Row



Low row challenges the entire body with stabilization while pulling with arms and upper back muscles, Dual foot bars allow users of all sizes a proper set-up and full range motion.

Low position of pulling handle helps keep elbows down, along sides of body, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1480 x 1020 x 1853mm / 58" x 40" x 73"
- Weight Stack: 123kg / 270lb (10lb x 3pcs + 20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 236kg / 518lb

SPIRIT SP-4320

Glute



Positioning simulates a Glute kickback, keeping foot low to ground while extending back, Chest pad positions the user leaning forward slightly for proper alignment and is adjustable.

Foot bar swivels for use with each training leg, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 2160 x 1000 x 1500mm / 85" x 39" x 59"
- Weight Stack: 115kg / 250lb (10lb x 9pcs + 20lb x 8pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 220kg / 485lb

SPIRIT SP-4322

Lateral Raise



Swivelling handles and counterbalanced arms to assist users of all levels, Unilateral and bilateral motions for correcting muscle imbalances,

Full back pad provides support and comfort, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1315 x 944 x 1500mm / 52" x 37" x 59"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 235kg / 518lb

SPIRIT SP-4331

Fly Rear Delt



Dual exercise machine efficiently focuses on Pectorals and Posterior Deltoids, Multiple hand grips and range of motion adjustment aid positioning for these exercises.

Seat adjusts to accommodate users of all sizes, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1451 x 1463 x 1985mm / 57" x 58" x 78"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 239kg / 527lb

SPIRIT SP-4332

Lat Pulldown / Seated Row



Dual machine combines the two most popular back exercises. Traditional Lat Pulldown with adjustable bar height and storage hooks.

Foot bars aid Low Row stabilization and storage hooks secure handle when not in use, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1808 x 1213 x 2270mm / 71" x 48" x 89"
- Weight Stack: 115kg / 250lb (10lb x 9pcs + 20lb x 8pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 270kg / 595lb

SPIRIT SP-4333

Standing Biceps / Triceps



Dual machine combines the two most popular arm exercises, Standing user positioning during Biceps and Triceps exercises stabilizes machine for smaller footprint.

Angled curling bar for Biceps and traditional rope for Triceps extension, Storage hooks for each attachment when not in use, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 709 x 1492 x 2104mm / 28" x 59" x 83"
- Weight Stack: 115kg / 250lb (10lb x 5pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 210kg / 463lb



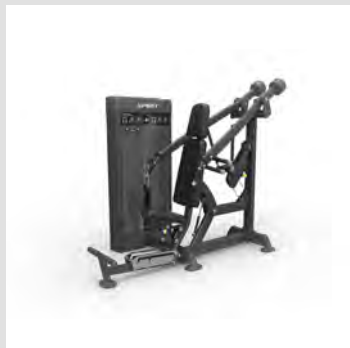
DUAL PIN-LOADED RANGE

Ideal for facilities with limited space, the Spirit SP-46 Dual range allows you to isolate multiple muscle groups with the same machine, being biomechanically optimised for both and crucially, saving you space on your gym's floor.



SPIRIT SP-4601

Dual Chest Press / Shoulder Press



Seat and back pad adjust for proper pressing angles, user can adjust for three unique angles, a chest press, incline chest press and a shoulder press.

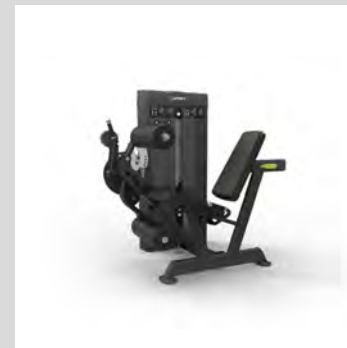
Multiple sets of grips for chest and shoulder pressing, Bilateral pressing arm motion, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1350 x 1984 x 1676mm / 53" x 78" x 66"
- Weight Stack: 123kg / 270lb (10lb x 3pcs + 20lb x 12pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 250kg / 551lb

SPIRIT SP-4605

Dual Leg Extension / Leg Curl



Challenges opposing muscle groups, Quadriceps and Hamstrings, Machines axis of rotation is optimized for proper feel for both exercise.

Exercises can be switched and adjusted without leaving seated position, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1407 x 1373 x 1580mm / 55" x 54" x 62"
- Weight Stack: 132kg / 290lb (10lb x 1pc + 20lb x 14pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 271kg / 597lb

SPIRIT SP-4607

Dual Biceps Curl / Triceps Extension



Angled arm pad helps limit shoulder movement for focus on Biceps and Triceps, Easily adjust machine Cam to switch between these opposing muscle exercises.

Machines axis of rotation and pivoting arm are optimized for proper feel, Small back pad helps increase stability for Triceps exercise, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1115 x 1310 x 1580mm / 44" x 52" x 62"
- Weight Stack: 100kg / 220lb (10lb x 2pcs + 20lb x 10pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 182kg / 401lb

SPIRIT SP-4608

Dual Leg Press / Calf Extension



Footplate and back pad angle adjust for ideal setup for both leg and calf pressing, Footplate four-bar linkage helps maintain ideal ankle alignment throughout exercise.

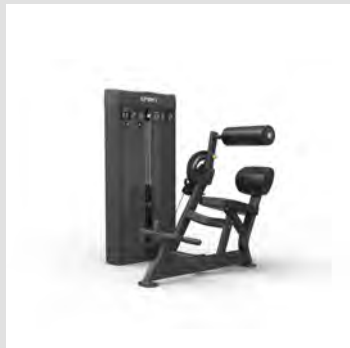
Footplate has an angled lower section to help with calf press positioning, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1940 x 1135 x 1580mm / 76" x 45" x 62"
- Weight Stack: 132kg / 290lb (10lb x 1pc + 20lb x 14pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 298kg / 657lb

SPIRIT SP-4609

Dual Abdominal / Back Extension



Entry and positioning for both Abdominal and lower back exercises is easy for users of all levels, Easily adjust machine Cam to switch between exercises.

Adjustable roller pad helps with ideal positioning between these exercises, Dual foot bars for lower body stabilization during exercise, Integrated rep counter and built-in storage on top cap.

Technical Specs

- Product Dimension: 1314 x 1119 x 1580mm / 52" x 44" x 62"
- Weight Stack: 118kg / 260lb (10lb x 8pcs + 20lb x 9pcs)
- The Incremental Weight : 5lb (2.267 kg)
- Product Weight: 227kg / 500lb



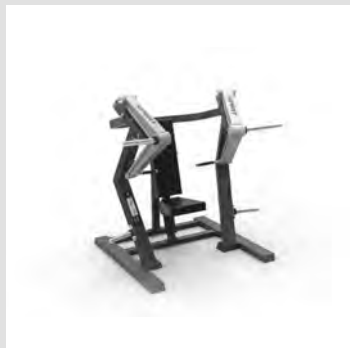
PLATE-LOADED RANGE

For those seeking maximum resistance and free-weight feel, plate-loaded machines deliver customisable strength training with biomechanically sound designs.



SPIRIT SP-4501

Chest Press



The highly visible marker on the back pad helps users with proper alignment of their chest with its handles. The overhead pivot is biomechanically ideal for pressing motions.

With easy lift and lock seat adjustments and heavy-duty construction using 4mm steel, the unit provides both comfort for users and durability for facility owners.

Technical Specs

- Product Dimension: 1425 x 1780 x 1720mm / 56" x 70" x 68"
- Maximum Training Capacity: 600kg / 1322lb
- Product Weight: 200kg / 441lb

SPIRIT SP-4502

Row



The horizontal and vertical hand grips of this row machine provide users' with different training emphasis and variety. Its stabilising handle in the middle helps when performing unilateral rows.

The foot plate provides for lower body stability, especially during heavy lifts. The angled seat and chest pad help with users' proper body positioning.

Technical Specs

- Product Dimension: 1430 x 1490 x 1290mm / 56" x 59" x 51"
- Maximum Training Capacity: 600kg / 1322lb
- Product Weight: 166kg / 366lb

SPIRIT SP-4503

Shoulder Press



The highly visible marker on back pad of this shoulder press helps with proper alignment of users' shoulders with its handles.

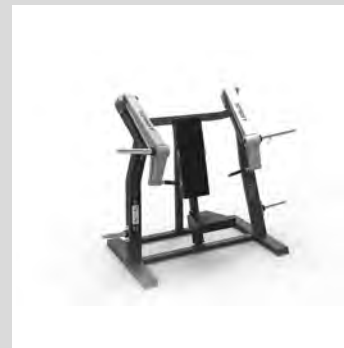
There is a unilateral and bilateral converging path of motion, with the seat also providing a range of motion adjustment. Its heavy duty construction uses 4mm steel for extra durability and stability.

Technical Specs

- Product Dimension: 1380 x 1540 x 1480mm / 54" x 61" x 58"
- Maximum Training Capacity: 400kg / 881lb
- Product Weight: 150kg / 330lb

SPIRIT SP-4504

Incline Chest Press



The highly visible marker on the back pad of this chest press helps users with proper alignment of their shoulders on the pad. The horizontal handles simulate the motion of a traditional bench press.

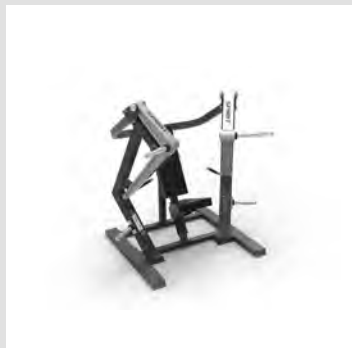
The overhead pivot is biomechanically ideal for pressing motions and the seat adjusts effortlessly with easy lift and lock functionality.

Technical Specs

- Product Dimension: 1125 x 2150 x 1675mm / 44" x 85" x 66"
- Maximum Training Capacity: 350kg / 771lb
- Product Weight: 183kg / 403lb

SPIRIT SP-4505

Wide Chest Press



The wider separation of the handles on this chest press accommodates larger exercisers. There is a greater amount of converging motion than the decline press.

A highly visible marker on back pad helps users with proper alignment of their chest with the handles. A reclined user positioning provides lots of stabilisation during heavy workouts.

Technical Specs

- Product Dimension: 1360 x 1800 x 1770mm / 54" x 71" x 70"
- Maximum Training Capacity: 350kg / 771lb
- Product Weight: 209kg / 460lb

SPIRIT SP-4506

Lat Pulldown



The unilateral and bilateral motions of this lat pulldown machine correct users' muscle imbalances. Its horizontal grips follow a natural diverging path of motion.

The stabilising handle in the middle helps users perform unilateral pulldowns and the seat adjusts effortlessly with easy lift and lock functionality.

Technical Specs

- Product Dimension: 1790 x 1430 x 1990mm / 70" x 56" x 78"
- Maximum Training Capacity: 400kg / 881lb
- Product Weight: 175kg / 385lb

SPIRIT SP-4507

Low Row



The low row unit's unique path of motion is one that contrasts with the decline press. Its horizontal and vertical hand grips are designed for training emphasis and variety.

The stabilising handle in the middle helps users to perform unilateral rows. And the heavy duty construction uses 4mm steel for extra stability and durability.

Technical Specs

- Product Dimension: 1400 x 1560 x 1660mm / 55" x 61" x 65"
- Maximum Training Capacity: 350kg / 771lb
- Product Weight: 176kg / 388lb

SPIRIT SP-4508

Leg Press



This leg press' curvilinear path of motion matches the natural motion of a squat. The extra large foot plate uses a 4-bar linkage to maintain correct ankle alignment.

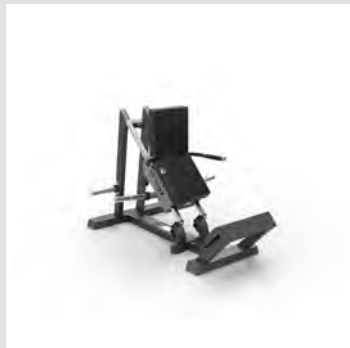
Its back pad adjusts into 3-positions for varying hip positions, catering to users of all sizes. The long weight loading horns mean it can handle very heavy workouts indeed.

Technical Specs

- Product Dimension: 2210 x 1740 x 1530mm / 87" x 69" x 60"
- Maximum Training Capacity: 600kg / 1322lb
- Product Weight: 230kg / 507lb

SPIRIT SP-4509

Calf



This calf machine's angled press allows effective training of users' calves without loading their spine. The seat and back pad are carefully positioned to stabilise each user.

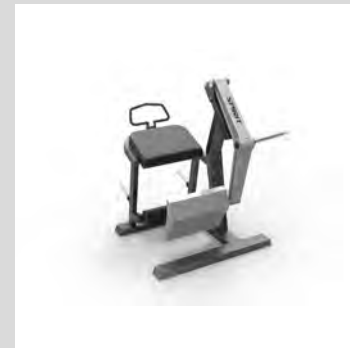
The solid hand grips provide support during the exercise and its heavy duty construction uses 4mm steel for both stability and durability.

Technical Specs

- Product Dimension: 1805 x 1150 x 1200mm / 71" x 45" x 47"
- Maximum Training Capacity: 950kg / 2094lb
- Product Weight: 150kg / 330lb

SPIRIT SP-4510

Rear Kick



Standing during glute training on this rear kick unit is ideal compared to kneeling on floor. The set range of motion places emphasis on users' glutes and hamstrings.

Its chest pad and handlebar provide support and stability during exercise. And the edge at the bottom of its foot plate keeps the feet secure from slipping and users extra safe.

Technical Specs

- Product Dimension: 1280 x 1380 x 1620mm / 50" x 54" x 64"
- Maximum Training Capacity: 300kg / 661lb
- Product Weight: 150kg / 330lb

SPIRIT SP-4511

Leg Extension



The unilateral and bilateral motions for this leg extension unit help correct user muscle imbalances. Its angled user positioning helps with stabilisation during exercise.

The lower tibia pad self-adjusts limiting the number of necessary adjustments users have to think about.

Technical Specs

- Product Dimension: 1665 x 1855 x 1135mm / 66" x 73" x 45"
- Maximum Training Capacity: 600kg / 1322lb
- Product Weight: 115kg / 253lb

SPIRIT SP-4512

Standing Leg Curl



The unilateral and bilateral motions on this standing leg curl unit are built for correcting user muscle imbalances. Its upright positioning allows for training hamstrings across both hip and knee joints.

The knee and thigh pads stabilise users' non-exercising leg and its arm pad and handle grips provide for extra upper body stability.

Technical Specs

- Product Dimension: 1210 x 1830 x 1580mm / 48" x 72" x 62"
- Maximum Training Capacity: 500kg / 1102lb
- Product Weight: 134kg / 295lb

SPIRIT SP-4513

Bicep Curl



The angled arm pad of this bicep curl unit helps to reduce users' shoulder involvement and maintain their focus on only the biceps muscle.

The seat adjustment is used to align elbows with the machine's axis of rotation. The counterbalanced curling arm also reduces starting resistance.

Technical Specs

- Product Dimension: 1085 x 1790 x 1200mm / 43" x 70" x 47"
- Maximum Training Capacity: 275kg / 606lb
- Product Weight: 122kg / 269lb

SPIRIT SP-4514

Tricep Extension



This triceps extension unit has unilateral and bilateral motions for correcting muscle imbalances. Its adjustable seat pad provides lower body stabilisation for users.

The no-back pad design allows users to self-adjust their upper body position. And the seat adjustment is easy to lift and lock.

Technical Specs

- Product Dimension: 1870 x 1660 x 1055mm / 74" x 65" x 42"
- Maximum Training Capacity: 600kg / 1322lb
- Product Weight: 213kg / 469lb

CABLE SERIES

Versatile and adaptable, cable machines offer a range of motion for targeted muscle engagement. Perfect for isolating specific muscle groups or full-body training.



SPIRIT SP-3526

Functional Trainer



Train the way you move with the cable-based functional trainer from Spirit.

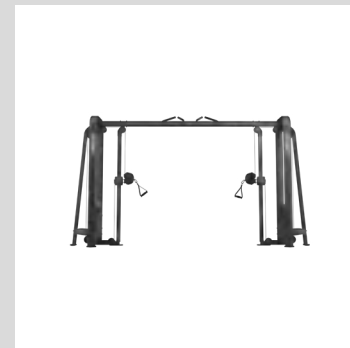
An all-in-one machine made to let you to work every specific part of your body.

Technical Specs

- Product Dimension: 1520 x 840 x 2120mm
- Product Weight: 305kg
- Weight Stack: 154kg / 340lb

SPIRIT SP-8513

Cable Crossover



1:1 ratio for solid and high Intensity work out, Multi accessories gives the user training variety,

Ergonomically design in grips for trainer persistence.

Technical Specs

- Product Dimension: 4480 x 1080 x 2300mm
- Product Weight: 302kg
- Weight Stack: 15lbs x 13 pcs (x 2)

SPIRIT SP-3604

4 Stack Multi Station



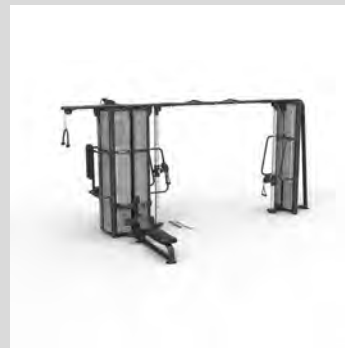
Adjustable Hi/Lo Pulley, Triceps Pushdown, Low Row and Lat Pulldown.

Technical Specs

- Product Dimension: 3418 x 1920 x 2290mm / 134" x 75" x 90"
- Product Weight: 817kg / 1801lb
- Weight Stack: 122kg x 4 / 270lb x 4

SPIRIT SP-3605

5 Stack Multi Station



Adjustable Hi/Lo Pulley, Triceps Pulldown, Low Row, Lat Pulldown, Functional trainer

Technical Specs

- Product Dimension: 5100 x 3450 x 2300mm / 201" x 136" x 91"
- Product Weight: 1169kg / 2577lb
- Weight Stack: 122kg x 5 / 270lb x 5

SPIRIT SP-3608

8 Stack Multi Station



Adjustable Hi/Lo Pulley x 2, Triceps Pulldown x 2, Low Row x 2, Lat Pulldown x 2, Pull Up Bar

Technical Specs

- Product Dimension: 5900 x 4100 x 2300mm / 232" x 161" x 90"
- Product Weight: 1705kg / 3758lb
- Weight Stack: 122kg x 8 / 270lb x 8



BENCHES AND RACKS

Support your strength-training goals with high-quality benches and racks. Designed for stability and performance, they are essential for safe and effective weightlifting.



SPIRIT SP-4201

Flat Bench



This flat bench has a three-point contact which provides excellent stability.

Its strong but lightweight design can means it can be easily moved and the non-slip rubber feet give it extra security as well as protecting floors.

Technical Specs

- Product Dimension: 1411 x 647 x 402mm / 56" x 25" x 16"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 25kg / 55lb

SPIRIT SP-4204

Adjustable Bench



This bench adjusts from flat to 80-degrees with ease. The seat pad adjusts in 3 positions to align with its back pad angle.

Its handle and integrated wheels also provide for easy transport.

Technical Specs

- Product Dimension: 1362x447x415mm / 54"x18"x16"
- Max User Weight: 180kg / 396lbs
- Product Weight: 49kg / 108lbs

SPIRIT SP-4205

Upright Bench



The foot bars of this upright bench help with stabilising users' lower body during heavy lifts.

Its strong but lightweight design can be easily moved and the non-slip rubber feet give added security as well as protecting floors.

Technical Specs

- Product Dimension: 1202x767x1062mm / 47"x30"x42"
- Max User Weight: 180kg / 396lbs
- Product Weight: 37kg / 81lbs

SPIRIT SP-4206

Preacher Curl



The elbow pad for this preacher curl is angled at 55-degrees to vary resistance and improve user's comfort.

The wear-resistant guards protect its frame powder coating for extra durability. And the three-point contact provides excellent stability.

Technical Specs

- Product Dimension: 1220 x 860 x 940mm / 48" x 34" x 37"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 46kg / 101lb

SPIRIT SP-4207

Squat Rack



This squat rack's four racking positions accommodate all users. The racks are positioned to allow easy removal and re-racking of the bar.

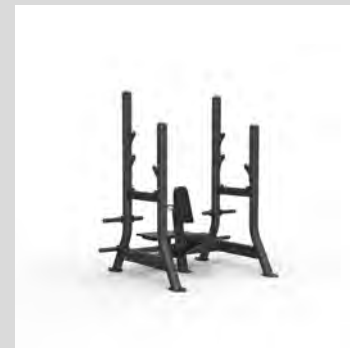
And its wear-resistant guards protect frame the powder coating for extra durability.

Technical Specs

- Product Dimension: 1855 x 1645 x 2010mm / 73" x 65" x 79"
- Product Weight: 132kg / 291lb

SPIRIT SP-4208

Olympic Military Bench



This military bench's front and rear take-offs are connected with a bottom stop bar. Its integrated spotters' platform with non-slip coating keeps everyone safe.

And the wear-resistant guards protect its frame powder coating for extra durability.

Technical Specs

- Product Dimension: 1740 x 1380 x 1900mm / 69" x 54" x 75"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 110kg / 243lb

SPIRIT SP-4209

Olympic Flat Bench



This flat bench has multiple weight take-off points which are spaced for easy take-off and return.

The standard weight storage keeps weight plates close. And its wear-resistant guards protect its frame powder coating for extra durability.

Technical Specs

- Product Dimension: 1745 x 1720 x 1355mm / 69" x 68" x 53"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 116kg / 256lb

SPIRIT SP-4210

Olympic Incline Bench



This incline bench has an adjustable seat and multiple take-off points for users to set the correct positioning with confidence.

Its integrated spotters' platform has a non-slip coating to make sure everyone stays safe. And with the foot bar really helps with lower body stabilisation, especially during heavy lifts.

Technical Specs

- Product Dimension: 2065 x 1720 x 1355mm / 81" x 68" x 53"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 126kg / 278lb

SPIRIT SP-4211

Olympic Decline Bench



This decline bench is angled at 15-degrees for effective muscle stimulation. Its multiple take-off positions provide adaptability for users with varying arm lengths.

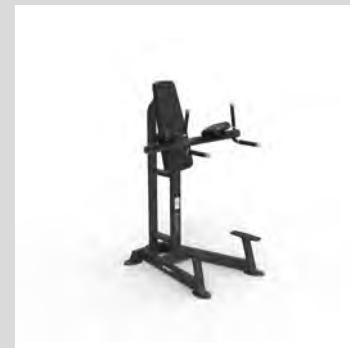
And users can be confident in its correct positioning for them with the handy tibia adjuster.

Technical Specs

- Product Dimension: 2065 x 1720 x 1355mm / 81" x 68" x 53"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 109kg / 240lb

SPIRIT SP-4215

Leg Raise / Dip



This multi-exercise unit has back and arm pads that are angled to help with user stabilisation during leg raises.

Its forward handles are perfectly positioned to perform dip exercises. The non-slip footsteps help with easy entry and exit for all exercises.

Technical Specs

- Product Dimension: 1190 x 865 x 1665mm / 47" x 34" x 66"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 85kg / 187lb

SPIRIT SP-4218

Abdominal Crunch Bench



This ab bench has multiple positions of adjustment to challenge every user.

With its wide back pad and adjustable leg support, users feel extremely stable. It even has integrated wheels for easy transport across your facility.

Technical Specs

- Product Dimension: 1575 x 717 x 983mm / 62" x 28" x 39"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 54kg / 119lb

SPIRIT SP-4219

Chin / Dip / Leg Raise



This multi-exercise combined unit has an integrated pull-up bar with multiple grips for individual preference.

The back and arm pads are angled to help with users' stabilisation during leg raises. The forward handles are perfectly positioned to perform dip exercises.

Technical Specs

- Product Dimension: 1190 x 1260 x 2300mm / 47" x 50" x 91"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 130kg / 287lb

SPIRIT SP-4220

Back Extension Bench



The 45-degrees positioning of the back extension unit is ideal for training posterior muscles.

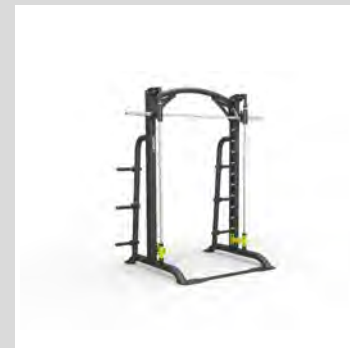
Its thigh pads are adjustable to fit all user sizes. The lower leg pads support at the calf which eliminates knees discomfort.

Technical Specs

- Product Dimension: 1422 x 820 x 830mm / 56" x 32" x 33"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 51kg / 112lb

SPIRIT SP-4222

Smith Machine



The bar is counter-balanced to 2 kg for a very low starting resistance. The vertical design accommodates most exercises and provides easier set-up.

Adjustable bar stops are easy to identify and adjust in small increments for confidence.

Technical Specs

- Product Dimension: 2165 x 1575 x 2390mm / 85" x 62" x 94"
- Product Weight: 210kg / 463lb

SPIRIT SP-4231

T-Bar Row



This row machine's angled design with chest pad provides a firm support to isolate back muscles. Its multiple hand grips give options for varied workouts for the lats or upper back.

The dual position foot bars help users of all sizes with ideal positioning for their body.

Technical Specs

- Product Dimension: 1806 x 1133 x 1204mm / 71" x 45" x 47"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 76kg / 167lb

SPIRIT SP-4232

Seated Calf



With its seated position, our Seated Calf unit helps focus workouts directly on your Soleus muscles. The seat moves with built-in movement arm to maintain user alignment.

The knee pads also adjust for each user's tibia length and their range of motion.

Technical Specs

- Product Dimension: 1388 x 617 x 942mm / 55" x 24" x 37"
- Maximum Loading Capacity: 280kg / 617lb
- Product Weight: 50kg / 110lb

SPIRIT SP-6518

Pendulum Squat



Curvilinear design and an angled footplate create a squat motion that follows the natural movement of the human body.

Lock mechanism to help users safely enter, exit and initiate exercise from standing, Includes band pegs and weight plate storage and a counterweight to lower start resistance.

Technical Specs

- Dimensions: 2300 x 1900 x 2000mm
- Weight: 336kg
- Maximum User Weight : 150kg

SPIRIT SP-6533

Glute



The Glute takes a popular gym exercise and makes it easier to set up and perform, User pivots hips and back while feet are stationary on the foot platform.

Padded hip strap for pressing upwards; simultaneously press feet into stationary foot platform and upper back into back pad.

Technical Specs

- Dimensions: 1850 x 1260 x 885mm
- Weight: 123kg
- Maximum User Weight : 150kg

SPIRIT

Half Rack (Freestanding)



Includes J-Hooks, 3 pairs of stainless weight horns, small branding plate, and straight single pull up bar.

Technical Specs

- Stainless Steel Weight Storage Horns
- Premium finish electrostatic powder coating
- Dimensions: 1314 (D) x 1740 (W) x 2430 (H)

SPIRIT

Half Rack (Boltdown)



Includes J-Hooks, 3 pairs of stainless weight horns, small branding plate, and straight single pull up bar.

Technical Specs

- Stainless Steel Weight Storage Horns
- Premium finish electrostatic powder coating
- Dimensions: 660 (D) x 1740 (W) x 2350 (H)

SPIRIT

Power Rack



Includes J-Hooks, 6 pairs of stainless weight horns, small branding plate, and straight single pull up bar.

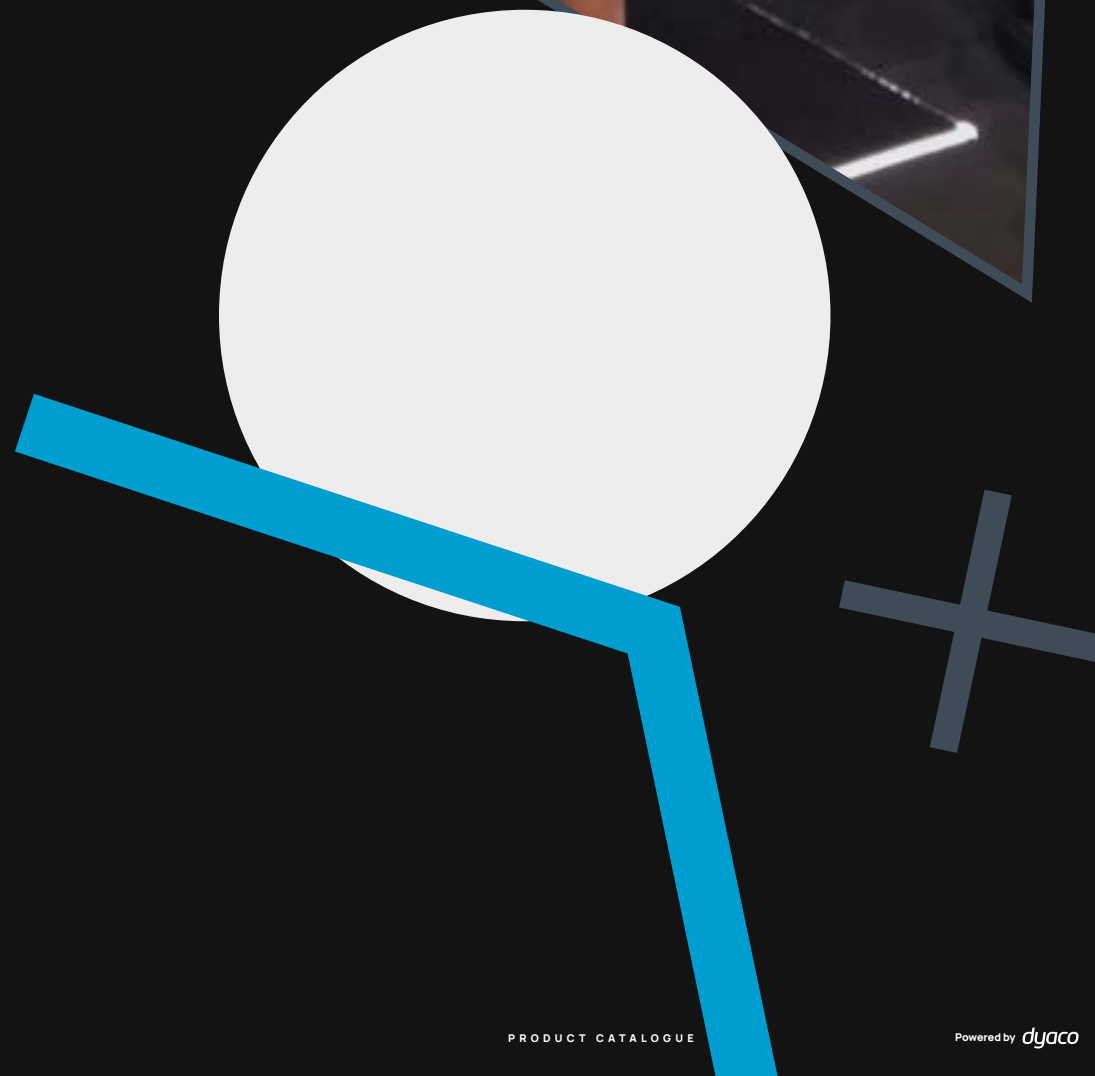
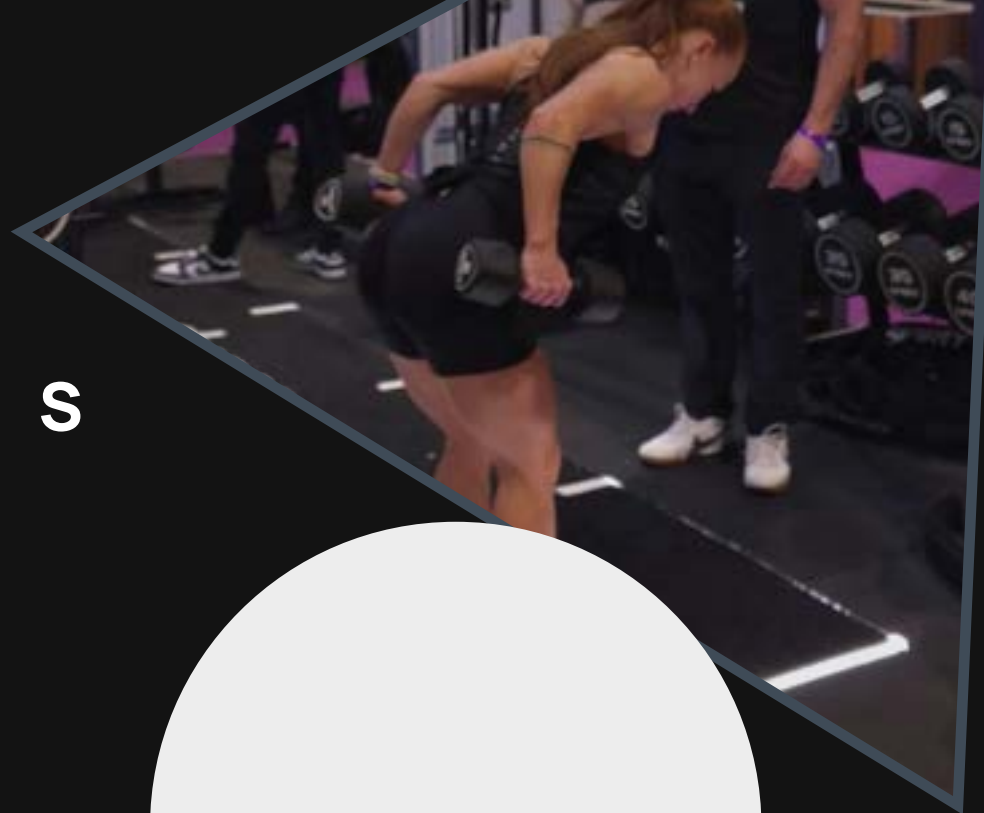
Technical Specs

- Stainless Steel Weight Storage Horns
- Premium finish electrostatic powder coating
- Dimensions: 1820 (D) x 1740 (W) x 2350 (H)



FREE WEIGHTS & ACCESSORIES

From dumbbells to kettlebells, our free weights and accessories provide endless workout possibilities. Whether you're toning, bulking, or increasing strength, we have the tools you need.



SPIRIT

Dumbbells



Durable, high-quality construction with an ergonomic, non-slip diamond knurling grip, making it a versatile training tool for building strength.

Key Features

- Weight range: 2.5kg - 80kg
- Custom Increments Available (2kg and 2.5kg are standard)
- Custom Branding Available
- Rubber and CPU coating available

(mm)	Head Diameter	Handle Diameter	Handle Length
2.5kg - 5kg	128	32	148
7.5kg - 12.5kg	154	32	148
15 kg - 20kg	173	32	148
22.5kg - 70kg	193	34	148

SPIRIT

Kettlebells



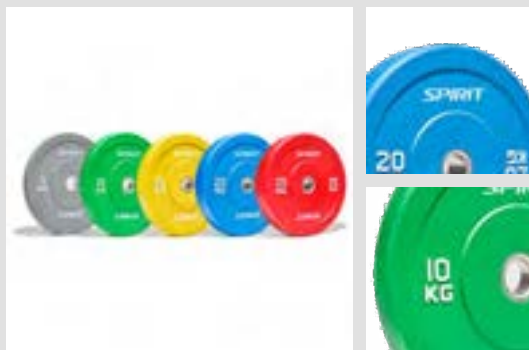
Rubber Encased cast-iron kettlebell for dynamic strength, endurance, and functional movements.

Key Features

- Weight range: 4kg - 30kg
- Hard Chrome Handle (28-34mm diameter)
- Body diameter: 154mm - 210mm
- Custom Branding Available

SPIRIT

Bumper Plates



High-density rubber weight plates designed for Olympic lifting and high-impact training.

Key Features

- Colour coded plates: 5kg (grey), 10kg (green) 15kg (yellow), 20kg (blue), 25kg (red)
- Diameter: 450mm
- Solid Rubber and Urethane coating available
- Custom Branding Available

SPIRIT

Tri-Grip Plates



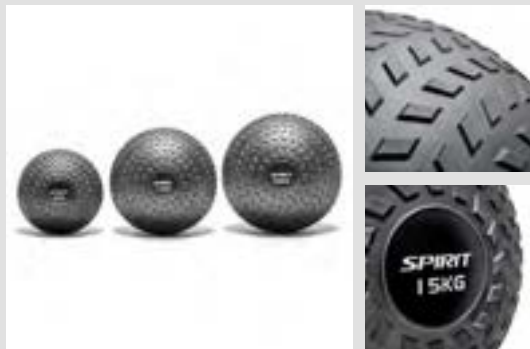
Versatile weight plates with easy-to-hold grips, suitable for use with bars or as free weights.

Key Features

- Weight range: 1.25kg - 25kg
- Diameter: 175mm - 450mm
- CPU, Rubber and Olympic TPU coating available
- Custom Branding Available

SPIRIT

Slam Ball



Heavy-duty, non-bouncing ball designed for high-intensity slamming exercises, finished with a PVC cover for additional durability.

Key Features

- Weight range: 2kg - 30kg
- 230-280mm diameter
- Custom Branding Available

SPIRIT

Wall Ball



Soft yet durable weighted ball for throwing, catching, and full-body conditioning, finished with a Textile Synthetic for comfort.

Key Features

- Weight range: 2kg - 10kg
- 350mm diameter
- Custom Branding Available

SPIRIT

Fixed Straight Barbells



Preloaded barbells with a straight design, perfect for strength training without the need for weight changes.

Key Features

- Weight range: 10kg - 50kg
- Handle Diameter: 32mm
- Custom Branding Available

(mm)	Head Diameter	Handle Diameter	Handle Length
10kg	128	32	870
12.5kg - 17.5kg	154	32	870
20 kg - 25kg	173	32	870
30kg - 50kg	193	32	870

SPIRIT

Fixed EZ Curl Barbells



Ergonomically designed preloaded curl bars for comfortable bicep and tricep workouts.

Key Features

- Weight range: 10kg - 50kg
- Handle Diameter: 32mm
- Custom Branding Available

(mm)	Head Diameter	Handle Diameter	Handle Length
10kg	128	32	870
12.5kg - 17.5kg	154	32	870
20 kg - 25kg	173	32	870
30kg - 50kg	193	32	870

SPIRIT

Olympic Barbells



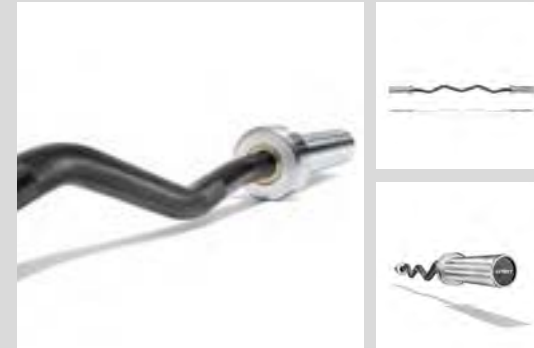
Premium Black E-Coated Olympic bars with center knurling and hard chrome coated sleeves.
8x needle bearings

Key Features

- 6ft and 7ft bars (28mm and 30mm handle diameter respectively)
- Sleeve Length: 6ft - 310mm, 7ft 405mm
- Max load of 450KG
- End cap branding available

SPIRIT

EZ Curl Bar



Durable, ergonomic, angled design for a secure grip, reducing wrist strain while optimising bicep and tricep engagement.
2x needle bearings, 2x ball bearings

Key Features

- 25mm handle diameter
- Sleeve Length: 175mm
- Max load of 100KG
- End cap branding available

SPIRIT

Battle Rope



Our battle rope is a durable, high-performance training tool designed to enhance strength, endurance, and coordination.

Key Features

- 15m long
- Custom Branding Available

SPIRIT

Plyo Box



Cushioned plyometric box for explosive jump training with reduced impact.

Key Features

- Jump heights: 20", 24", 30"
- Added weight (26kg) for stability
- Custom Branding Available

SPIRIT

Sled



Perfect for pushing, pulling, and speed drills, this versatile training tool targets your entire body while boosting power, endurance, and explosive performance.

Key Features

- Double Lower Handle Attachment
- Front & rear connection holes for harnesses

SPIRIT

Studio Dumbbells



Compact, rubber-coated dumbbells ideal for studio workouts and strength training classes.

Key Features

- Weight range: 1kg - 10kg
- Handle diameter: 33mm- 39mm
- Custom Branding Available

SPIRIT

Lock Jaw Collars



Secure and quick-release collars to keep weight plates in place during lifts.

Key Features

- Quick and easy to remove with one hand
- Custom Branding Available



SPIRIT

Cable Attachments

The attachments for our functional trainer are interchangeable, and enhance workout versatility by targeting different muscle groups and exercise variations.

Attachments Include:

- Straight Bar
- Tricep Pushdown Bar
- Triangle Row
- Solid Lat Bar
- D-Handle
- Open Row

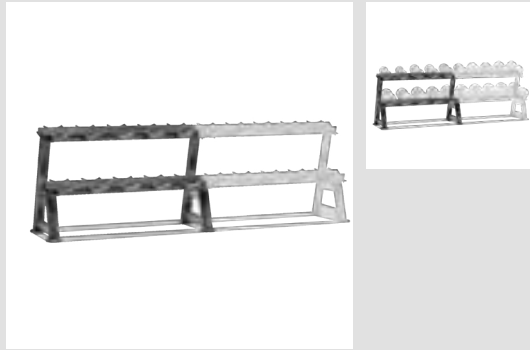


S T O R A G E

Keep your workout space organised and efficient with our premium free weight storage solutions. Designed to handle everything from dumbbells and kettlebells to weight plates and bars, our storage units combine durability with a sleek, space-saving design. Maximise your training area while minimising clutter.

SPIRIT

Dumbbell Rack



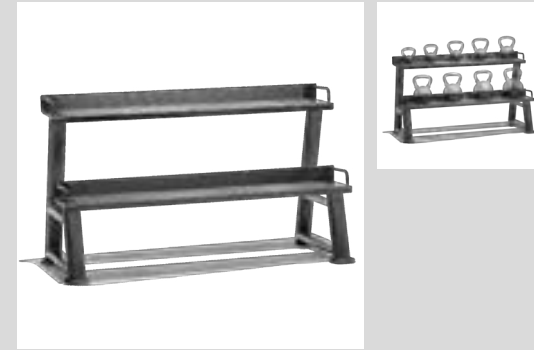
The Spirit dumbbell racks are modular, meaning they can be configured to fit your requirements and space. By default, our racks fit 5 and 10 pairs of dumbbells, but can be expanded.

Technical Specs

- 5 Pair Dimensions: 1260mm (L), 800mm (H), 560mm (D)
- 2 Shelves for space optimisation
- Spirit Branding Plate

SPIRIT

Kettlebell Rack



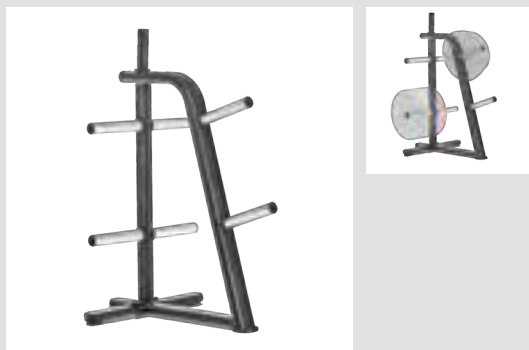
Our 2-tier kettlebell rack is capable of storing a full suite of 12 kettlebells, and has been designed for easy access to the lower level.

Technical Specs

- Dimensions: 1370mm (L), 800mm (H), 650mm (D)
- Spirit Branding Plate

SPIRIT

Olympic Plate Storage



Solid and compact weight tree for storing Olympic and Tri-Grip plates, fitted with 7 horns for efficient storage.

Technical Specs

- Dimensions: 880mm (L), 1270mm (H), 670mm (D)
- Spirit Branding Plate

SPIRIT

Fixed Barbell Rack



Designed for space optimisation, our barbell rack can store 10 Spirit Fixed Straight or EZ curl Barbells.

Technical Specs

- Dimensions: 870mm (L), 1220mm (H), 750mm (D)
- Spirit Branding Plate

SPIRIT

Studio Dumbbell storage



Our vertical studio dumbbell rack has been designed to optimise the space in your studio, comfortably fitting a suite of 1-10kg pairs.

Technical Specs

- Dimensions: 780mm (L), 1395mm (H), 600mm (D)
- Spirit Branding Plate

SPIRIT

Vertical Ball Rack



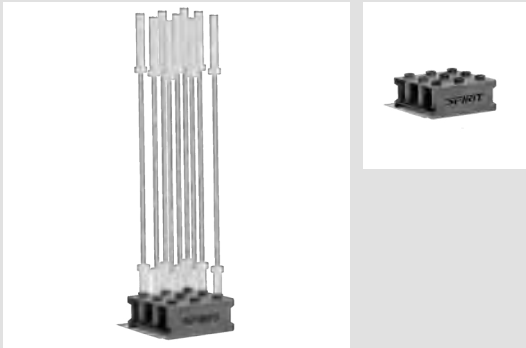
Designed to house multiple pieces of equipment, this versatile rack can hold wall balls, slam balls, medicine balls and sandbags. Each rack comfortably hold 5 pieces of equipment.

Technical Specs

- Dimensions: 580mm (L), 1700mm (H), 710mm (D)
- Spirit Branding Plate

SPIRIT

Vertical Barbell Rack

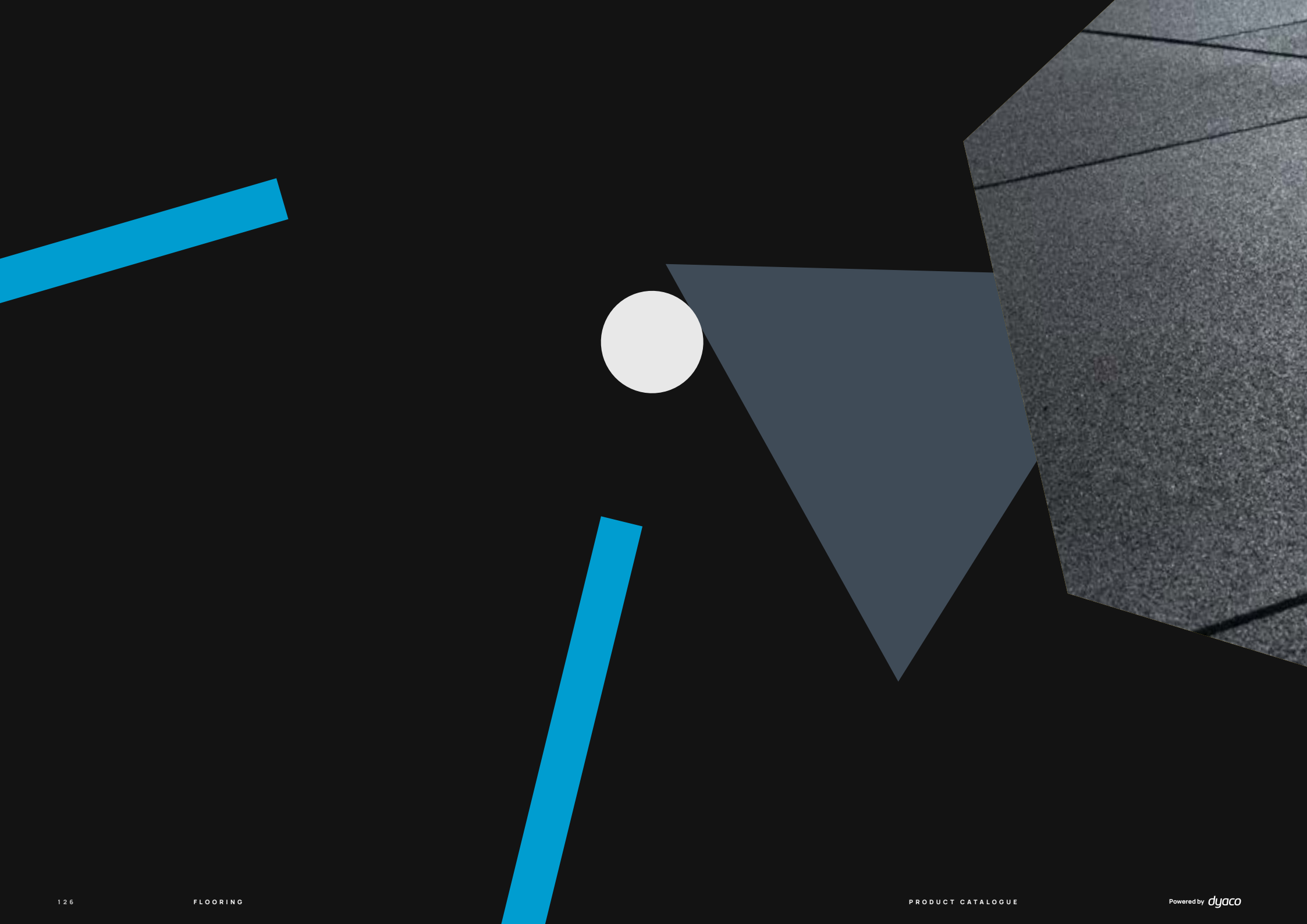


The Spirit Vertical Barbell Rack has been designed to maximise storage while minimising the footprint, designed to fit the full suite of 9 Spirit barbells.

Technical Specs

- Dimensions: 460mm (L), 225mm (H), 460mm (D)
- Spirit Branding Plate







F L O O R I N G

Ensure safety and durability with premium fitness flooring. Designed for impact absorption and stability, it protects both users and equipment during workouts.



SPIRIT

Black SBR Tiles

These gym flooring tiles are made of high-quality black SBR material, providing a durable and non-slip surface for your workout space.

With easy installation and low maintenance, these tiles are perfect for any gym or home gym. Improve your workouts with a smooth and safe surface.

Key Features

- Dimensions: 1000m x 1000mm
- Thickness: 20mm
- Fire retardant

SPIRIT

High Impact Tile

Designed to reduce noise, protect flooring, and enhance grip, these heavy-duty tiles ensure maximum performance and safety for lifters of all levels.

Perfect for commercial and home gyms alike. All pieces are connected via studs, which are included with the tiles.

Key Features

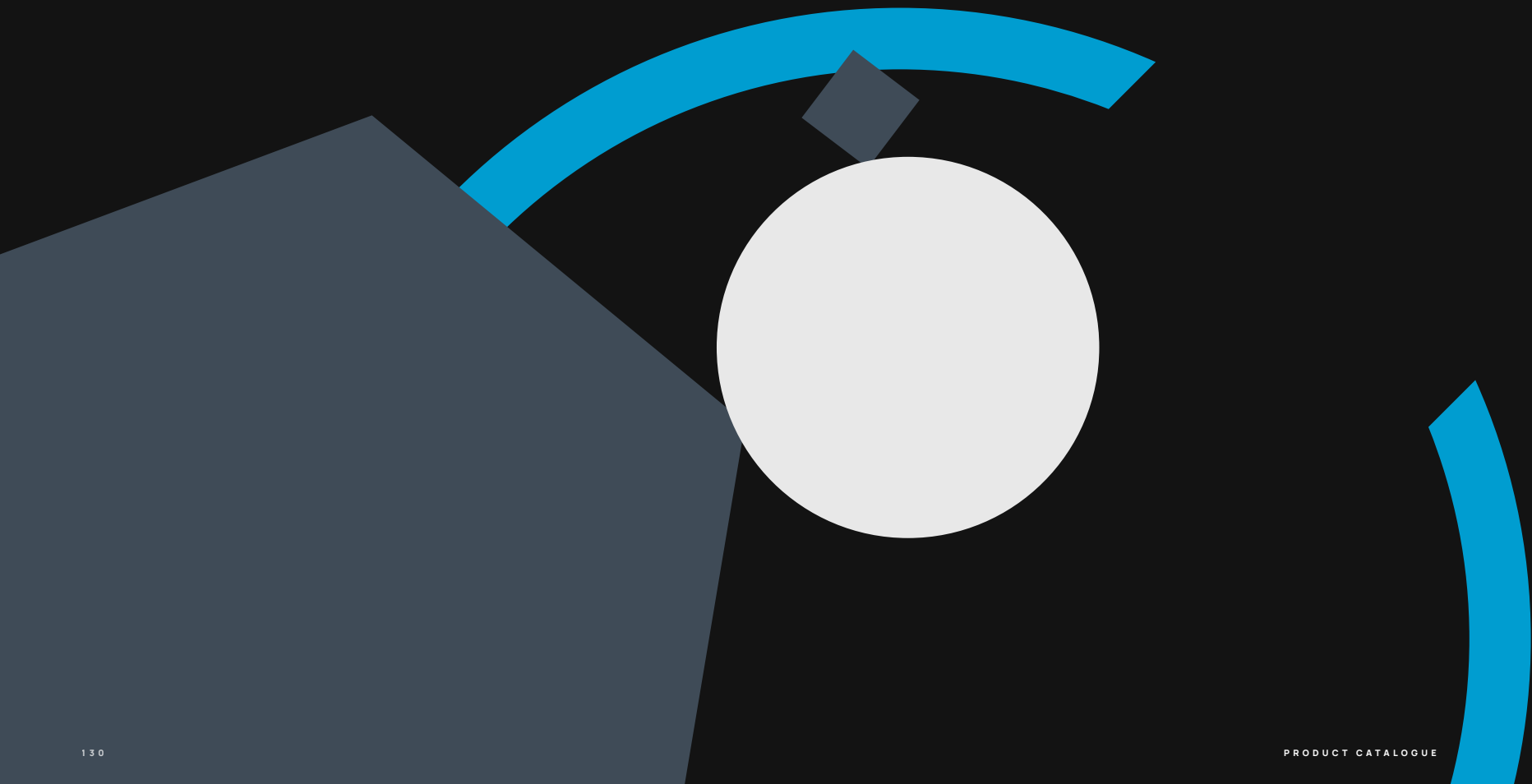
- Dimensions: 1000mm x 500mm
- Thickness: 20mm and 40mm
- Fire retardant



The Dyaco product mix is constantly evolving and being refined, with our in-house group manufacturing capability, we are able to provide a widely diverse and customisable kit offering.

We'll identify the right equipment to sculpt your perfect gym space. Boasting four cutting-edge manufacturing facilities and a formidable global team of a thousand experts, we guarantee that your space will be kitted out with nothing but the most robust products. It's what sets us apart! We can control lead times and manufacturing specifications because we are the architects behind the products. We'll ensure a seamless blend of quality and craftsmanship.

Our portfolio includes a full suite of traditional cardio, functional cardio, selectorized strength, plate-loaded strength, multi-station, free weights & accessories, rigs & racks, flooring and more.



MAKING YOUR GYM. YOURS.



Dyaco



Consultation



Equipment



Budget



Aftercare